

Navy
Takes Manhattan



www.newsnavy.mil

ALL HANDS

MAGAZINE OF THE U.S. NAVY

Back
in the
Big Apple

Returning to
Duty & Home



[On the Front Cover]

With the tops of the *Twin Towers* forever missing from the skyline behind him, AK3 Esdras Zayas reflects on his wounded neighborhood from the Brooklyn Bridge while home in New York City for Fleet Week 2002.

Photo by PH2 Bob Houlihan

[Next Month]

All Hands brings you a look at your sea service for the annual "Any Day in the Navy" issue.

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Photo by JO1 Joseph Gunder

36 Naval Exercises

Some changes in the Navy's Physical Readiness Program take effect next month. Rolling with the changes will be easy for Sailors who have a healthy physical training routine, like the crew of USS *Shrike* (MHC 62).

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ALL HANDS

September

[Features]

14 Forever Changed

All Hands hears from Sailors, as each reflects on how they were changed by the events of 9/11.



Photo by JO1 Craig Strawser

22 Navy Takes Manhattan

Sailors have been welcomed in the "Big Apple" for the annual Fleet Week since 1984, but this year was different — a city, a nation and its Navy recovered, healed and remembered together.



Photo by PH2 Bob Houlihan

Back in 28 the Big Apple

AK3 Esdras Zayas returned home to New York City after returning to duty in the U.S. Navy to serve and protect the neighborhood and nation he loves.



Photo by PH2 Bob Houlihan

Birds Away

Photo by PH3 Heather Hess

LT David Stefano (at right), launches an aircraft from the flight deck of **USS *George Washington* (CVN 73)** during recent integrated training exercises in the Atlantic Ocean.





Gulf Glider

Photo by PHC Spike Call

A **Landing Craft Air Cushion (LCAC)** assigned to **Assault Craft Unit (ACU) 4**, Little Creek, Va., transports U.S. Marines in the Arabian Gulf back to the dock landing ship **USS Oak Hill (LSD 51)**, after conducting exercises ashore.

Speaking with Sailors

Master Chief Petty Officer of the Navy
MCPON (SS/AW) Terry D. Scott

This is a question from a recent MCPON All Hands Call in 5th Fleet:

Q: Is there a possibility of expediting naturalization of non-citizen Sailors who are serving during Operation Enduring Freedom?

A: This has been a hot topic for many Sailors everywhere I've visited, and I'm happy to have some good news to report.

On July 3, 2002, President Bush signed an Executive Order to provide expedited naturalization for aliens and non-citizen nationals serving in an active-duty status in the Armed Forces, during the period of Operation Noble Eagle and/or Operation Enduring Freedom.

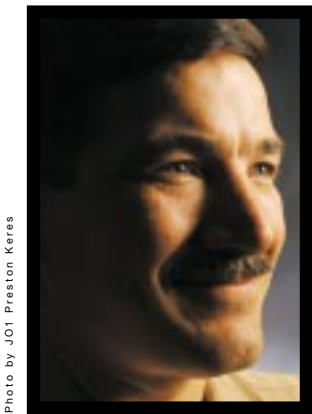


Photo by JO1 Preston Keres

The Immigration and Nationality Act permits direct naturalization of aliens who have served in an active-duty status during any period in which the Armed Forces are or were engaged in military operations involving armed conflict with a hostile foreign

Speaking with Sailors is a monthly column initiated by the Master Chief Petty Officer of the Navy as a way of reaching out to the men and women of the fleet, whether they are stationed just down the road or halfway around the world.

force. Sailors serving honorably in active-duty status during the period beginning Sept. 11, 2001, and terminating on a date to be designated, are eligible for the exception from the usual requirements for naturalization.


Sailors applying for naturalization under 8 United

States Code 1440, should submit all documentation required by the Immigration and Naturalization Service (INS) to include Form N-400, Application for Naturalization; G-325B, Biographic Information; and N-426, Request for Certification of Military or Naval Service.

The application should be submitted to the INS Service Center in Lincoln, Neb., using the same pro-

cedure as filing under three years of military service.

All the necessary forms are available at: www.ins.usdoj.gov/graphics/formsfee/forms/.

Your local legal assistance office is available to provide advice and assistance about this program and any other questions you may have regarding naturalization. Additional information and the Navy Guide can be obtained on-line at www.jag.navy.mil, by clicking on Legal Assistance, then Immigration. 

All Hands

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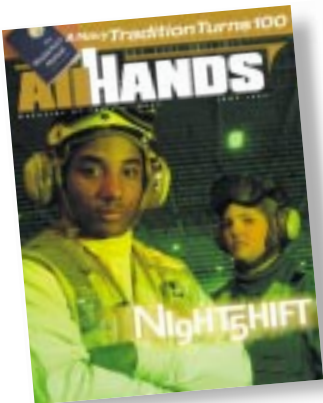


Editor,

I am writing in response to your article "Does Your Flag Still Wave" by JOCS(AW) Desilets in the June 2002 edition of *All Hands*.

I cannot say enough about what the national ensign means to me. Since childhood, I was brought up to regard our flag as a symbol of freedom. That belief in freedom and service to my country was a huge factor in my decision to join the Navy. The "Star Spangled Banner" still brings a tear to my eye, every time I hear it.

I can only hope that the swell of pride that has risen in our country will continue to



grow in the years to come. National tragedy should never be a reason to fly our flag, but more a cause for it's continued display. Hoorah for a well-written article that I'm sure embodies the feelings of most Americans. Articles such as this cement my belief in my shipmates and make me proud to be part of the strongest military and the greatest Navy in the world.

PN2 David R. Bowman
NMCB ONE
Forward deployed to
Okinawa, Japan

Mail Call

Letters to the *All Hands* Editor

Editor,

One fact about Dorie Miller in your June 2002 *All Hands* is incorrect. He served aboard **USS West Virginia (BB 48)** during the attack on Pearl Harbor.

AW1 Benjamin J. Kunz
HS-8 Naval Air Station
North Island

Editor,

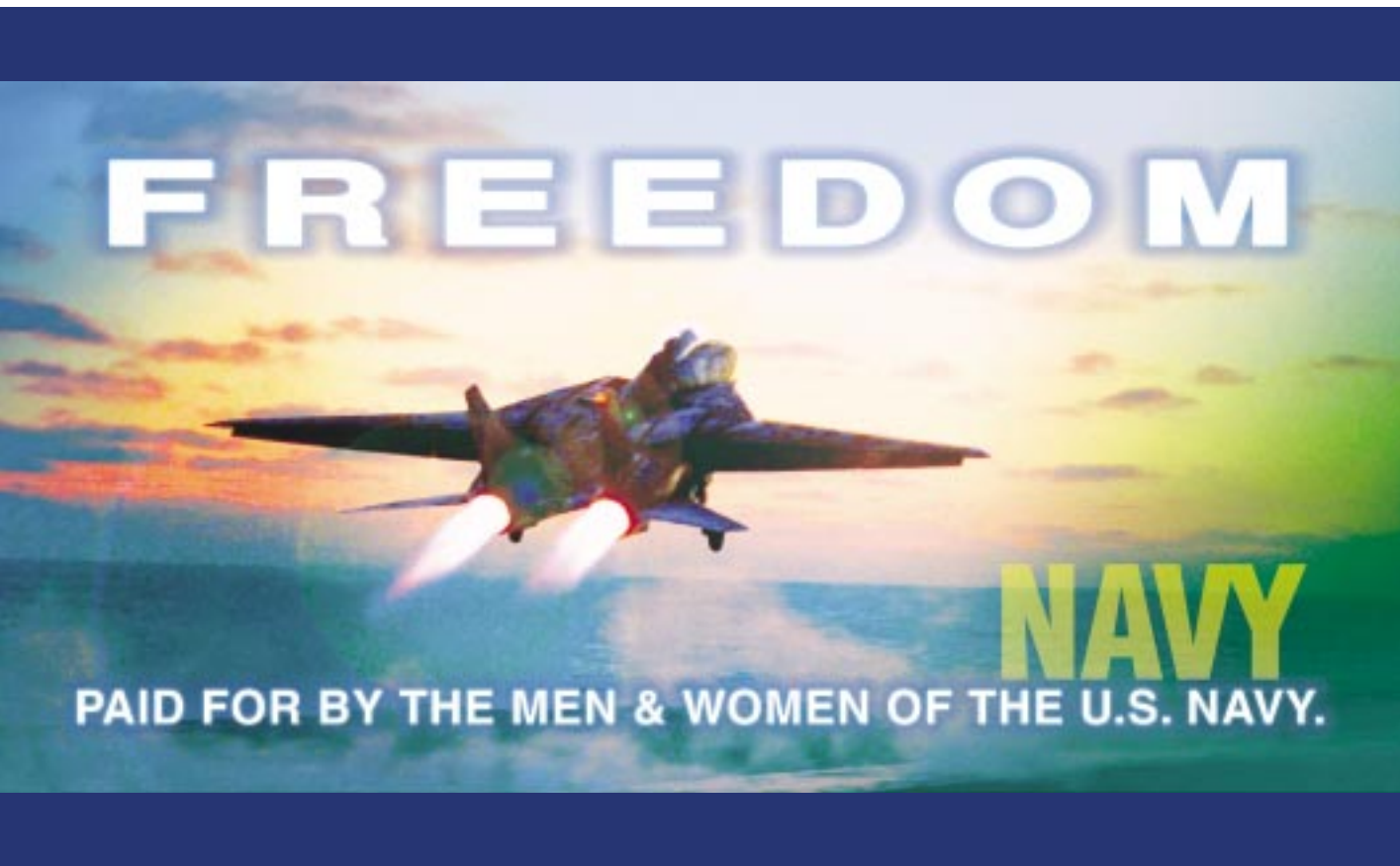
I am the current author of *The Bluejacket's Manual* (BJM) and wanted to thank you for the

excellent story on the 100th anniversary of the BJM in the June issue. I have already conveyed my appreciation to Mark Faram who wrote the piece, but I just wanted to pass on my thanks to your staff as well. It was extremely well done!

I keep a close watch on *All Hands* for info that can be used in updating *The Bluejacket's Manual*.

Tom Cutler
Editor,

The Bluejacket's Manual



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Smarter, Aggressive Approach to Drug Testing Yielding Record Results

The Navy is testing more Sailors and finding fewer are using drugs.

The Navy reports that in the first nine months of FY02, only 0.6 percent of the 751,317 samples tested — a record low percentage since it started urinalysis testing for drugs in 1981 — yielded positive results for drug use. That number is an improvement from the 0.71 percent during the same period a year earlier.

In the first nine months of FY02, 539 fewer Sailors have tested positive for illegal drugs compared to the same period in FY01, which translates to fewer Sailors being processed for administrative separation Navywide due to drug use.

“Fleet leadership, along with increased awareness and education are clearly making a difference,” said **VADM Norb Ryan Jr., Chief of Naval Personnel**. “These efforts are translating into more Sailors making the right choices and fewer Sailors leaving the Navy because of a bad decision,” Ryan said.

The 751,317 samples tested represent an increase of approximately 50,000 more samples from the same period last year. Of those 50,000 samples, the Navy was also able to test 34,000 more individuals by using a new software program that randomly selects Sailors. The software has been in Navywide use since December and eliminates some of the pre-

dictability in previous methods of selecting Sailors for testing.

Recent numbers also show ecstasy use among Sailors this year is on the decline. According to DOD figures, the Navy is the only service to experience a decrease in ecstasy use, with the latest figures showing the service on course for a 25 percent reduction in FY02 compared to FY01. In FY01, 434 Sailors tested positive for ecstasy. Through the first nine months of FY02, only 238 Sailors have tested positive for the drug.

“While I’m encouraged by the trends, we will not rest until every single Sailor gets the message that drugs have no part in our Navy,” Ryan added.

For more CNP news, visit their NewsStand page at www.news.navy.mil/local/cnp.

Story by the public affairs office, Chief of Naval Personnel, Washington, D.C.



“Tears of the Sun” Wraps Up Filming on USS Harry S. Truman

SH-60 helicopters are making high-speed landings on the flight deck. Embassy personnel, Marines and SEAL team members jog to the safety of the island structure and rainbow sideboys post to greet a U.S. ambassador as he clings to an American flag tucked under his arm.

This scene may have all the elements of a successful mission

to evacuate an embassy if not for the cameras, microphones and more than 70 production crewmembers on hand to capture every frame.

Upon closer scrutiny, the SEAL team commander bears a striking resemblance to actor Bruce Willis and the ambassador looks remarkably like the ship’s Senior Medical Officer, CDR Lee Mandel.

The Navy’s newest aircraft carrier was recently transformed into center stage for the upcoming movie, “Tears of the Sun.”

USS Harry S. Truman (CVN 75) will be portraying a carrier forward-deployed in the Atlantic after a military coup overthrows the government of Nigeria.

The movie’s producer, Ian Bryce, known for such films as “Saving Private Ryan” and “Spider Man,” said shooting aboard a floating airport was not logistically difficult.

“It wasn’t as hard as some people might imagine,” he said. “Given your immense capacity for logistics, it dwarfs what we normally do for a movie. It actually went smoothly because you were asking us the types of questions we normally ask ourselves.”

The stars, including Tom Skerritt, of “Top Gun” fame, and Eamonn Walker, known for his role as Kareem Said in the HBO series “Oz,” were as fascinated by the men and women of **Truman** as the crewmembers are of Hollywood.

“Being out here was a real eye opener for me,” said Willis. “This really is a floating city with more people than I think we have in my little town in Idaho.”

The carrier and crew left a lasting impression on the world-famous actor.

“From the captain on down, I was impressed with the amount of training that goes

into running the thousands of systems you have here. It makes me smile when I think of this ship parked off the coast of another country and the influence it provides.”

Willis plays the part of a SEAL team commander, tasked with rescuing workers from the American embassy in Abuja.

To prepare for the role, he worked closely with former **Navy SEAL Harry Humphries**.

“We spent a lot of time trying to get in the mindset of a SEAL and worked hard to portray the right attitude,” Willis said.

Following the 14-hour day of shooting on the flight deck, the SEAL team actors took time to sign autographs in the hangar bay. The session wrapped up after two hours with many Sailors still standing in line. Before leaving, Willis took the time to meet and shake hands with every single person that stood waiting.

“These men and women are out here for months at a time, defending our version of a free and democratic society. For me, taking the extra time was no big deal and allowed me to give something back,” he said.

The scenes shot aboard **Truman** also included some less famous “stars,” **Truman** crewmembers. The embassy personnel, several Marines, the ambassador and his wife were all played by the men and women assigned to the carrier.

“It was interesting and I had a lot of fun,” said **Chief Aviation Electronics Technician (AW) Jay Bachrach**. “It took a lot of planning and coordinating for each scene to work out right.”

The ship also paved new ground during filming when a civilian helicopter landed on the flight deck. The helicopter was used to capture images of the ship as it pushed through the water as well as the military

helicopters landing and taking off from the flight deck. This was the first time a non-military helicopter operated from **Truman**.

The two-day production wrapped up just before **Truman** returned to Norfolk following a carrier qualification period. The ship has been operating off the coast of Florida, assisting new pilots in earning their carrier landing qualifications.

In just a few weeks, the **Truman** battle group will enter the largest phase of the workup cycle which will include two Tailored Ships Training Availabilities, a Composite Training Exercise, Final Exam Period and a Joint Task Force Exercise.

Although none of these exercises will hold the glamour of shooting a major motion picture, they will bring **Truman** further along the road to deployment. “Tears of the Sun” is due to be released in summer 2003.

For more news from **USS Harry S. Truman (CVN 75)**, go to their custom NewsStand page at www.news.navy.mil/local/cvn75.

Story courtesy of the public affairs office, USS Harry S. Truman (CVN 75), Norfolk

Wasp Sailors Take Advantage of Relaxed Nationalization

Most Sailors wouldn’t think twice when they see American citizenship as a requirement for a special program.

Yet some of the Navy’s most dedicated Sailors come from countries such as Columbia, the Dominican Republic, Haiti, India, Mexico and Poland.

Shipmates

Senior Chief Hospital Corpsman (SWCC) David Schweiger, a mobilized Reservist assigned to **Special Boat Unit (SBU 20), Det. 1, Little Creek, Va.**, was in a seaside hotel waiting for transportation during a recent port call in Turkey, when a frantic young Turkish mother rushed into the lobby with a lifeless one year old girl in her arms who was turning blue. Schweiger, quickly performed emergency resuscitation on the youngster. After several minutes of assisted breathing she regained consciousness and was stabilized. “My training just instinctively kicked in and took charge of the situation,” recalled Schweiger.



Soon, many of them will have the same opportunities that American citizenship brings.

Recently, President George W. Bush signed an executive order expediting nationalization of aliens and non-citizen nationals serving on active duty during **Operation Enduring Freedom**. More than 25 Sailors from **USS Wasp (LHD 1)** will take advantage of the executive order and earn their American citizenship, which for some is a

necessary stepping stone for achieving their career goals.

Shortly after his 18th birthday, **Storekeeper Seaman (SW/AW) Luigi Cuzzi** of Bogota, Columbia, came to America. He joined the Navy in December 2000 to earn money for his college education.

“The first thing I want to do when I become a U.S. citizen is to submit my package for an officer program or become an information technician,” Cuzzi



The fast combat support ship USNS Supply (AOE 6) provides the amphibious assault ship **USS Wasp** with nearly 65 thousand gallons of fuel during an underway replenishment (UNREP).

Around the Fleet

said. "Some people take their U.S. citizenship for granted. I am very proud to be in the Navy and representing a powerful country. Participating in ending terrorism makes me feel like am doing something to protect the American way of life."

Wasp's legal office is assisting these Sailors with the myriad of required paperwork. "Helping my shipmates is my No. 1 job on board **Wasp**," said **Legalman 1st Class (SW/AW) Gilbert Gifford** of El Paso, Texas. "Often, a Sailor's citizenship is what keeps them from certain Navy ratings. Besides supplying the necessary forms and paperwork, I hope my experience in the Navy will help them obtain their dreams."

Following in his grandfather's footsteps, **Aviation Boatswain's Mate - Handling 3rd Class (AW) Konrad Otachel** joined the military to honor his grandfather.

"My grandfather fought German Nazis during World War II and spent some time in a concentration camp," said Otachel, a native of Poland. "I joined the Navy to help prevent situations like the camps from happening to other people in other countries. The Navy also

offers me a good living."

Since the president's executive order, **Wasp** Sailors have been very supportive of their shipmates applying for U.S. citizenship.

"American citizen or noncitizen, all U.S. Navy Sailors proudly salute the nation's flag," said **Cryptologic Technician - Collection 1st Class (SW/AW) Teresa Arnold** from Chesapeake, Va. "When we stand in ranks at attention, we don't readily pay attention to each other's nationality or question each other's commitment to the Navy or America. We see a fellow shipmate. I hope by earning their citizenship, they will achieve what they set out to accomplish in the Navy and in life."


Aviation Storekeeper 3rd Class William Raphael, a native of Haiti, came to the United States when he was 12 years old. He remembers his country always being in turmoil and is thankful America is a much safer place to live.

Raphael joined the Navy to see the world and earn money for college. He quickly caught on to some of America's favorite pastimes.

"I enjoy Fourth of July celebrations the most," said

Raphael. "The Caribbean offers a simpler, slower paced lifestyle, but it doesn't have college football and the NBA finals."

Whether they are to choose a different Navy rating or become a citizen of the country they are honored to protect, **Wasp** Sailors are taking advantage of the president's executive order. Already seen as shipmates by **Wasp** crew members, they will soon be American citizens.

For more news from the **USS Wasp (LHD 1)**, go to their custom Navy NewsStand page at www.news.navy.mil/local/lhd1. 

Story by JO1(SW/AW) Crystal M. Raner, assigned to the public affairs office, USS Wasp (LHD 1)

Central Enrollment Expedites Nonresident Training Course Delivery, Grading

Remember when it took months to receive a rate training manual? And getting a finished course graded took almost as long. That is no

longer the case, thanks to the efforts of Navy Advancement Center staff members at the Naval Education and Training Professional Development and Technology Center (NETPDTC), Pensacola, Fla.

The process for ordering and grading Navy Nonresident Training Courses (NRTCs), formerly called rate training manuals, has dramatically improved, according to Earl Roe, NETPDTC department head for the Navy Enlisted Advancement Center.

A course ordered today will typically be received within two to three weeks, rather than months. Completed courses can now be graded within minutes.

"We are very pleased with the improvements in our delivery system for NRTCs," said Roe. "Central enrollment has made it easier for Navy and Marine Corps personnel to order courses, and is saving government dollars because of increased efficiencies."

In the past, courses were ordered by the command, based on what they thought their personnel would need. This resulted in multiple copies of books being ordered, and then discarded, unused.

The advantage was that a person could receive a book instantly at their command — but with no guarantee that the version they were given was the most current. Also, because the books were printed in bulk, excess stockpiles would be scrapped at the warehouse when newer versions were printed.

Under the new print-on-demand system, one course book is printed per student, which significantly reduces the amount of waste. Additionally, warehouse stockpiling and its associated costs are eliminated, as books are only printed and mailed on demand.


Course books can be mailed to the student's home or work address, except in the case of courses that have special distribution categories, or are assigned a security classification. Limited distribution or classified courses must be ordered through, and sent to, the individual's command, so the designated command representative can certify that the person receiving the course has the appropriate need-to-know and security classification.

"With our new Web site, individuals can now enroll in, and grade their own NRTCs," said Frank Harwood, Fleet Services division head at the Navy Advancement Center. "It's a much simpler process, and our users are letting us know they appreciate the change."

The Web site also offers a management tool called the command representative feature, which allows one individual, designated by the command, to manage many enrollments. Typically used by the command's educational services officer or career counselor, this feature makes it easier to enroll students who don't have access to personal computers.

The command representative can enroll multiple students at one time, and can also check the status of their students' grades and course completions.

For more information on NRTCs, visit www.courses.cnet.navy.mil, or call the NRTC administration office in Pensacola, Fla., toll-free at 1-877-264-8583, DSN 922-1181/1511/1859 or commercial (850) 452-1181/1511/1859.

For more information about NETPDTC and the Navy Advancement Center, visit their Web site at www.cnet.navy.mil/net-pdtc. For more CNET news, visit their NewsStand page at www.news.navy.mil/local/cnet. 

Story by Darlene Goodwin, assigned to the public affairs office, Chief of Naval Education and Training, Pensacola, Fla.

Essex Sailors Demonstrate First Class Community Relations

Three Sailors from **USS Essex (LHD 2)** administered an informal version of the Troops-to-Teachers program in Sasebo, Japan, July 18.

That's when they volunteered to teach conversational English to a group of local Japanese elementary school students.

This visit was not the first of its kind for any of the three Sailors, all of whom are part of the ship's First Class Association.

Aerographer's Mate 1st Class Alex Jones, whose wife (an

Time Capsule

This month we look back in the *All Hands* archive to see what was going on in the month of September. To view these issues in more detail on the Web, go to www.news.navy.mil/media/allhands/



23 Years Ago – 1979
A "Roadrunner" recruit made the cover of this issue of *All Hands* magazine. The "Roadrunners" were a recruit company formed of 77 young men from Albuquerque, N.M. This issue also featured **LCDR Marsha Johnson**, the first military woman to be selected as a White House Fellow and **Master Chief Air Traffic Controlman Robert K. Jones**, the Navy's last enlisted pilot.



13 Years Ago – 1989
The cover of this issue of *All Hands* magazine was dedicated to Navy volunteers. From volunteer firefighters to tutors, this issue featured stories about Sailors giving back to their communities. We took readers to Sturgeon Bay, Wis., where craftsmen were keeping the Navy's past alive as they built modern Navy mine hunters using old-time techniques, skill and pride. And we visited the Portland Rose Festival.



5 Years Ago – 1997
A Sailor from **USS Yorktown (CG 48)**, then the Navy's "Smart Ship" was featured on the cover of *All Hands*. We spotlighted the Navy's diversity as we featured Sailors from different backgrounds helping to build a solid Navy team. We also went around the globe to see how the Navy team provided relief from Albania to Zaire. And we featured the 1997 Sailors of the Year.

Ricky's Tour

By JO2 Mike Jones

mikejones43@hotmail.com



Around the Fleet

graders' rendition of John Denver's, "Take Me Home, Country Roads."

They mentioned how the visit was mutually beneficial for both the Americans and the Japanese students.


Moore, who has been stationed in Sasebo for more than nine years, said, "I learn something from these experiences, even if it's just one or two Japanese words that I can add

guage, and only needed to improve their pronunciation and conversational skills.

Nelson also noted how the visit differed from other forms of community relations projects.

"Most of the projects that we have done in the past have involved construction work or painting," he said, "but this is different. We're not going out and getting our hands dirty; we're being teachers and help-

"I only have a few months left on **Essex**," he said, "but if members of the association go back again during that time, I'm going with them."

For more news from **USS Essex**, go to www.essex.navy.mil. 

Story by JOC Roger L. Dutcher, assigned to the public affairs office USS Essex (LHD 2)

ESWS Fever Catches Hold on *Milius*

The *Constellation* (CV 64) Battle Group (CBG) was learning to work together during its **composite training unit exercise (COMPTUEX)**, **USS *Milius* (DDG 69)** Sailors were increasing their knowledge of their ship and its capabilities.

During this intensive underway, where every warfare area was practiced to perfection, 25 *Milius* Sailors earned their warfare pins. After meal hours, the mess decks filled with Sailors from every division and department working together to earn their pins. Experts conducted lessons in each area of the Enlisted Surface Warfare Specialist (ESWS) program: operations, combat systems, engineering, navigation and supply.

"Getting my pin was the hard part," said **Gas Turbine Systems Technician Mechanical 3rd Class (SW) Daniel De La Garza**. "It took a lot of teamwork, starting first thing in the morning before I had my coffee, working on it throughout the day and even staying up late at night during watch. My chief gave me some time off to work on my pin, which really helped. Now that I've got it, I'm

back to work. I love wearing my pin."

The most successful technique used throughout the ship has been the teamwork.

Engineman 3rd Class (SW) Edward Foldes concurs.

"Teamwork was the No. 1 factor in getting my pin," said Foldes, who qualified with a group of three other people. "We kept pushing each other."

Leadership is key to helping young Sailors realize the long-term benefits of getting their ESWS pin.

"I've tried to emphasize to my division the importance of their pins in relation to their career in the Navy," explained **Chief Operations Specialist (SW) Nicholas Ruotola**.

"It's a tremendous milestone to achieve for each Sailor," said fire control officer **LTJG Andrew Schimenti**, who had several Sailors preparing for their ESWS pins. "It's representative of their hard work and dedication to the Navy. Most of all, each individual finds the attainment of the pin is merely a beginning of the learning process."

Studying for ESWS starts as soon as a new Sailor checks on board.

"What better way to learn about your new ship. We give ESWS walk-arounds on the ship during (indoctrination)," explains ESWS coordinator **Senior Chief Electronic Warfare Technician (SW/AW) Hayden Jones**. "Divisions allow Sailors to have 'ESWS time outs,' giving them three to four hours out of a day just to work on ESWS. Once all the (personnel qualifications standards) are completed, I give them a walk-around sheet that they must take to the departmental ESWS coordinator — usually a petty officer first class."

The divisional ESWS coordinator walks through the spaces

as the Sailor tells him what he sees. Upon successful completion of the walk-arounds, which can take up to a week to complete, the Sailor goes to see the commanding officer.

"On board *Milius*, ESWS designation signifies a Sailor has achieved a level of excellence and proficiency," said **Command Master Chief (SW) Rob Hetland**. "The ESWS insignia signifies that the Sailor is competent in his rate and has acquired additional general knowledge that enhances his understanding of war fighting, mission effectiveness and command survivability. Sailors who wear the ESWS insignia stand out as significant contributors to the surface force and this great ship. The goal on *Milius* is to have every Sailor qualified within one year on board and to set the standard for the rest of the fleet to follow."


Milius warriors worked together for long hours to help realize their dream of being qualified Enlisted Surface Warfare Specialists. It could not have happened without shipmates willing to take time out of their schedule to assist in the learning process.

Fire Controlman 2nd Class (SW) Christopher Ross expressed his pleasure in helping his shipmates, "I think it's great that people will take the time out of their day to learn more about their ship. I really like to teach people about my radar and the wonders of combat. After all, that's my job."

Ross' enthusiasm helps make it easier for Sailors to get their pin; they could not help but learn.

"*Milius* warriors are doing a fantastic job both in their rates, as exemplified by our outstanding participation in **COMPTUEX**, and as being shipmates," said **Commanding Officer CDR Jeffery**

A. Harley. "The level of participation has been staggering. I am really proud of the groups of people sitting around the table working on ESWS together. *Milius* is such a great ship because of the teamwork attitude. We work together, learn together, succeed together."

For more information on **USS *Milius***, go to www.milius.navy.mil. For more **USS *Constellation*** news, go to www.news.navy.mil/local/cv64. 

*Story by ENS Angela Vasquez assigned to the public affairs office, USS *Milius* (DDG 69)*

Steelworker Wins Top Seabee Honor

The Society of American Military Engineers has selected a Navy steelworker as this year's recipient of the Marvin Shields Award.

Steelworker 1st Class (SCW) Edward Perry was selected by the society for his exceptional leadership and superior performance while serving with **Naval Mobile Construction Battalion (NMCB) 133**.

Established in 1973, the Marvin Shields award commemorates the courage and gallantry displayed by **Construction Mechanic 3rd Class Marvin G. Shields** in 1965 at the Battle of Dong Xoai, Vietnam. Shields received the Medal of Honor posthumously for his actions in the battle.

Perry was officially recognized at a ceremony held aboard his latest duty station, Naval Construction Training Center, Gulfport, Miss.

"I didn't win the award on my own — the team won

Shipmates

LT Salvador Convento, a pilot at **Fleet Air Reconnaissance Squadron (VQ) 2** in Rota, Spain, recently returned from Orlando, Fla., as the Tang Soo Do Karate 2nd Degree Black Belt Champion of the world. He competed against more than 40 2nd degree Black Belts placing first in three different categories: sparring, weapons and 2nd degree black belt, to win the title. Convento, a 1996 graduate of the U.S. Naval Academy, also teaches Karate Do for adults and children at the MWR Gym in Rota.



it. I was just in the right position," said Perry.

He went on to say that he treasured his time with NMCB-133 and considers it to be the perfect command because, "they take care of their people and that makes you want to do the right thing."

As the Information Systems Department leading petty officer as well as the assistant officer-in-charge, Detail Southwest Asia, Perry was instrumental in developing and managing a battalion communications training program. His technical expertise was put to the test when he led a team of electronic and information systems technicians in establishing a high frequency extended distance data communications link that proved for the first time that battalions in the field could make use of advanced communications technology.


Shortly after deploying to Bahrain, Perry was rapidly redeployed to Kandahar, Afghanistan, to lead a team of Seabees and Marine Corps combat engineers in the construction of a short-term detaining facility for Taliban and al-Qaeda detainees.

Although faced with frequent supply shortages, Perry quickly adapted and ensured the mission's essential projects such as observation towers, security gates and lighting were completed.

Perry is quick to give credit to, "the Lord first, then my family," for his outlook on life. He says that in particular he is grateful for his wife Fredricka, his daughter Brittany, his mother Lorraine and his sister Carol.

Now that his battalion tour is over, Perry is concentrating on adjusting to his supporting role as a Steelworker "A" School instructor.

"I am confident I can make a difference because I have a chance to mold and give knowledge to new service members so that they too will be able to run with the jobs they are given when they move to their permanent duty stations," he said.

For more news from the NMCB-133, go to www.seabee.navy.mil/nmcbl33. 

Story by Bonnie L. McGerr, assigned to the public affairs office, Naval Construction Training Center, Gulfport, Miss.



A Landing Craft Air Cushion (LCAC) returns to the amphibious assault ship **USS *Essex* (LHD 2)** following 31st Marine Expeditionary Unit (31st MEU) landing exercises on Guam. *Essex* is forward deployed to Sasebo, Japan.

to my vocabulary."

He said he had previously taken a Japanese culture class that gave him a foundation of understanding, but added that personal visits such as this one really helped foster an appreciation for being stationed in Japan.

Nelson returned to the school this year because of the positive experience he had during his last visit. He said he was initially surprised at how advanced the children's English skills were.

"My little girls are Japanese, and I'm surprised at how much Japanese schools teach English in their classes," he said.

The three Sailors agreed that the children were adept at the technical aspects of the lan-

ing the children."

He added that the visit not only gave them a chance to visit with the Japanese teachers, but also gave them an opportunity to have a positive impact on the future leaders of Japan.

Jones, president of the First Class Association, said the association plans to adopt the school. "We'll go out to the school together and present a plaque to the principal to formally initiate the adoption," he said.

Jones will transfer from **Essex** in less than two months, and will be handing the project over to another volunteer. Nelson will also be transferring soon, but plans to make the most of every opportunity he has to visit the school.



Photo by CDR W. Scott Gureck

FOREVER



One year ago, terrorists hijacked *our* planes, flew them into *our* buildings, killed and injured *our* people and forever changed *our* way of life.

These changes have affected our lives, our jobs, our daily routines, our thoughts and our motivations. We have adapted to many of these changes and are overcoming some still, but as a country, our resolution and our spirit stand stronger than ever, united in our battle against terror.

Certainly, our Navy and its Sailors have been among those in the forefront, first as victims of terror's tragedy, then as responders in its wake and as warriors fighting for freedom. Whether at the Pentagon, jumping into action to help save the lives of their shipmates; in an air traffic control tower, grounding everything that entered their air space; or out to sea, launching air strikes, every Sailor was affected in one way or another.

All Hands joins several Sailors as each reflects on how they were changed by the events of 9/11.



Photo by PH2(AW) Jim Watson

CHANGED

"We have the best equipment, the best military and the best Navy ... this has made me want to stay in even more."

Air Traffic Controller 1st Class Trent Gilliam, who works at Naval Air Station Patuxent River, Md., was on watch when the terrorists struck. "When I saw the aircraft go into the tower on TV, my first thought was that it was probably a movie," he said. After realizing that it was an actual attack, Gilliam reported to his workstation, knowing that something would be happening with the traffic in his airspace.

Within 30 minutes, he received orders to immediately ground every plane that entered his airspace. "We started getting word from the different approach control sectors that any airborne aircraft needed to land immediately," he said. He put out the call. "Land all planes!" Gilliam and his co-workers coordinated with the Eastern North American Air Defense to

ensure all planes had gotten the word to get on the ground and stay there.

Ironically, just a week prior to the attack, Gilliam and his wife had taken a trip to New York City, fulfilling one of his lifelong goals. "My wife is from

Land All Planes **AC1 Trent Gilliam**

Newark, N.J., and that was my first time I ever got to go there. We passed right in front of the World Trade Center buildings. We did the whole New York bit, and then seven days later, the buildings are no longer there."

Since the attack, Gilliam has noticed changes in his home life, as well as in the military. "Since Sept. 11, our base has

become a very secure place to work," he said.

When asked what he thought about the American people and how they've reacted to the attack, Gilliam said, "The civilian community, as a whole, has changed. I've noticed a lot more unity and support for the job the military is doing. I've also noticed how many times my wife and I have gone out and seen all the American flags flying. Even though America is pro-military now, it shouldn't have taken a calamity like this for the nation to come together."

That pride in country is reflected in his pride in service.


"We have the best equipment, the best military and the best Navy. I've just recently hit 14 years, and if anything, this has made me want to stay in even more." 

Photo by JO1 Craig Strawser

FOREVER CHANGED

Awakening America's Heart FC2(SW) Alison Vaughan

Fire Controlman 2nd Class (SW) Alison Vaughan, from Port St. Lucie, Fla., was on board her ship, USS Ross (DDG 71), when the attack happened and they got underway within three hours. "We were watching it on the news," she said. "When I first saw it on the TV, I thought it was a documentary, but when the second one hit, I realized what was going on."

While the lives of every Sailor changed in some way that day, Vaughan's plans required a big change. "I was supposed to get married that Saturday, but the wedding had to get pushed back a week."

She said one of the first emotions she felt was fear. "I was really scared. My sister is in the Air Force, and I was really afraid that she was going to get sent out. My husband is on USS Ramage (DDG 61) and he got sent out too. We knew about all the attacks, and it was a strange reality to see what was going on."

Although she'd gotten underway before, this time it was different. "You go out to sea so often that you just get used to it. When we got underway Sept. 11, and we were protecting people, we didn't mind being out there. I was proud to be an American that day."

Vaughn said the changes she saw in her countrymen and women made her feel good about what she does. "It's good to see the admiration and respect for what you do from the people out there. People will just walk up and say, 'Thank you for what you do.'"

Prior to 9/11, she thought people had forgotten to love America. "It's sad that people didn't realize what they had until

"When the terrorists attacked, they thought they were making us weak, and really they just made us stronger. They were intending to tear us down by destroying something like the World Trade Center, but all they did was make America want to move into action."

this happened. I'm not glad that the attacks happened, but I'm glad it woke people up and opened their eyes to appreciate what they have. I just don't want people to forget what America means," she said.

"When the terrorists attacked, they thought they were making us weak, and really they just made us stronger. They were intending to tear us down by destroying something like the World Trade Center, but all they did was make America want to move into action."

"They brought us together, and now instead of everybody trembling in fear, they want to fight. Many people wanted to immediately join the military, and even now, people are just excited. They've awakened America's heart." **SN**

Aviation Electronics Technician 1st Class (AW) David Gallegos, now on USS Boxer (LHD 4) was stationed at AIMD North Island, Calif., on Sept. 11.

"I was at home when the attack occurred," Gallegos said. "When I woke up, I saw the TV and saw that the towers were on fire. I thought it was just a fire at first, and that was kind of a shock to me. I kept waiting for the emergency units to put it out."

As he kept watching the news, he heard that it was a plane that crashed into one of the towers. "That shocked me even more," he said. "I got more worried, then I thought about one of my friends that works in the second tower."

As he continued watching, the second

plane hit. "I was thinking, 'What in the world is going on?'"

Then he saw the plane hit the Pentagon. "That's when we heard that it might be a terrorist attack," he said. "I called my friend on his cell phone, and it was busy. That got me concerned, because you almost never get a busy signal on a cell phone." He found out later that his friend had been able to get out shortly before the second plane hit.

But Gallegos was still deeply affected more than most, because this attack literally hit home. Born in Queens, N.Y., and growing up across the river in Union City, N.J., every day he went outside his house, he could see the famous skyline.

"I kept watching the news, and they kept showing the same pictures over and

over, from every angle. Every time they showed those pictures, it was like a dagger going through my heart. That area was the center of my life growing up," he said.

"I grew up with the skyline. When I saw the towers start coming down, I didn't think it was possible. I've never in my life thought about the possibility of that happening. When the second tower came down, I was just completely devastated," he said.

"Now, every time I see pictures of the skyline with that big hole in the middle, it's almost like I feel the attack all over

Hit Close to Home AT2 (AW) David Gallegos

"I grew up with the skyline. When I saw the towers start coming down, I didn't think it was possible. I've never in my life thought about the possibility of that happening. When the second tower came down, I was just completely devastated,"

Photo by PHAN Morgan Freed

Photo by JO1 Craig Strasser

FOREVER CHANGED

again,” he added. “There’s just a hole in the heart of Manhattan.”

Later that afternoon, after the world found out it was a terrorist attack, Gallegos came in to work. “I was filled with rage and anger,” he said. “Everybody was talking about it, but they didn’t have the same reaction that I did, so that kind of made me upset. They didn’t grow up in that area. It didn’t hit them that personally.”

But that personal feeling was felt by his father. “I talked with my dad that afternoon,” he said. “He works for a school for disabled children, and his classroom has a view of the World Trade Center.”

“When the first plane hit, everyone was looking. They actually saw the buildings come down, and everyone was crying, upset and confused about what was going on.”

Gallegos and his father talked about it that day on the phone, and he could feel how upset his father was. “He was worried about me being in the military, not knowing what’s going to happen with me,” Gallegos said.

Some of those worries are still there, but for Gallegos and his father, many have been laid to rest. “There’s a game plan now that everyone knows,” he said. “Everyone knows what our specific purpose is. Even though we’ve always had a purpose — we’ve always had direction — it’s been pretty much kept amongst ourselves. Now, everyone knows what we’re doing, where we’re going and why we’re going there.”

“For future Sailors and the Sailors coming in now, they’re going to have a much clearer picture of what they’re going to be doing, and why they joined. They’re going to be more focused on their jobs, and they’re really going to feel as if they have a definite purpose.”

Twenty-eight-year-old Equipment Operator 3rd Class Michael Chartrand, assigned to Naval Mobile Construction Battalion (NMCB) 133 and originally from Brooklyn, N.Y., couldn’t believe his eyes when he saw the devastating attacks on 9/11.

“I lived in New York for 15 years —

**Not All Was Right
EO3 Michael Chartrand**



“Now, when I go home on leave, or go out in town in uniform, strangers come up and shake my hand and say, ‘thank you’ what I’m doing, and that they’re proud of me.”

born and raised there — and now the biggest tourist attraction in New York was a pile of rubble.”

“I can remember that night well,” he said. “We were over in Guam. We’d been there for just under a week. It was about 1:30 or 2 in the morning when we heard the news that the United States had been

terrorized.” All of the battalion was awakened to secure the base for FPCON DELTA.

“All through the night and into the morning, we were setting up barricades to secure the base,” he said. “After that, we were allowed to make phone calls to relatives to see if they were all right.”

Not all was right ... Chartrand lost a cousin who worked in the World Trade Center to the terrorist attack.

“When I saw it on TV, I thought ‘Holy cow, this is not a joke. We did get hit.’ I

used to go up to our aunt’s beach house every summer. When my dad decided to retire from the New York Police Department, we moved down to Florida. I kept in touch with her over the phone, and we went on vacations together all the time during the summer. I remember that she was a hard worker and loved her job. She was always happy about what everyone else was doing in their lives.”

Chartrand took leave recently and went to New York, because he wanted to see for himself what the results were from the attack. “I thought, ‘Man, there is a big hole in the middle of my city now.’

Chartrand said his friends told him that New York was just silent for a month; no violence, no nothing. Nothing was happening except people were going to help clean up the Ground Zero area.

“Now, when I go home on leave, or go out in town in uniform, strangers come up and shake my hand and say, ‘thank you’ for what I’m doing, and that they’re proud of me,” he said.

He takes that same pride in our commander-in-chief and how President Bush is handling the war on terrorism. “He stood out there during the World Series, out in the open, pretty much saying, ‘Hey, come get me.’ He’s doing the same thing his father did during the Gulf War. We’re telling them we’re coming after you for what you did.”

Chartrand said that if there was one good thing about the attack, it brought us together. “Before Sept. 11, we were treating each other like dirt; like we lived in our own independent country. Now, since this affected everybody, we’ve pulled together as a country to defend our homes.

“Young high school kids who have just graduated are coming into the military to help support and defend. Spouses, fiancés, families and friends are supporting their loved ones who are defending the country. It brought us together big-time. I’ve seen a lot of people change their ways after the attack and really become patriotic. It makes me proud to see the number of people who stand behind us.”

Photographer’s Mate 1st Class (AW) Dewitt Roseborough was serving as the Chief of Naval Operations’ photographer on the morning of Sept. 11, a day he will never forget.

“That morning, I was covering a reenlistment in the SECNAV mess at the Pentagon. It was supposed to start at 9 a.m., but the reenlisting officer was late getting down there,” he said. “That’s because he was watching CNN and saw that a plane had hit the World Trade Center.”

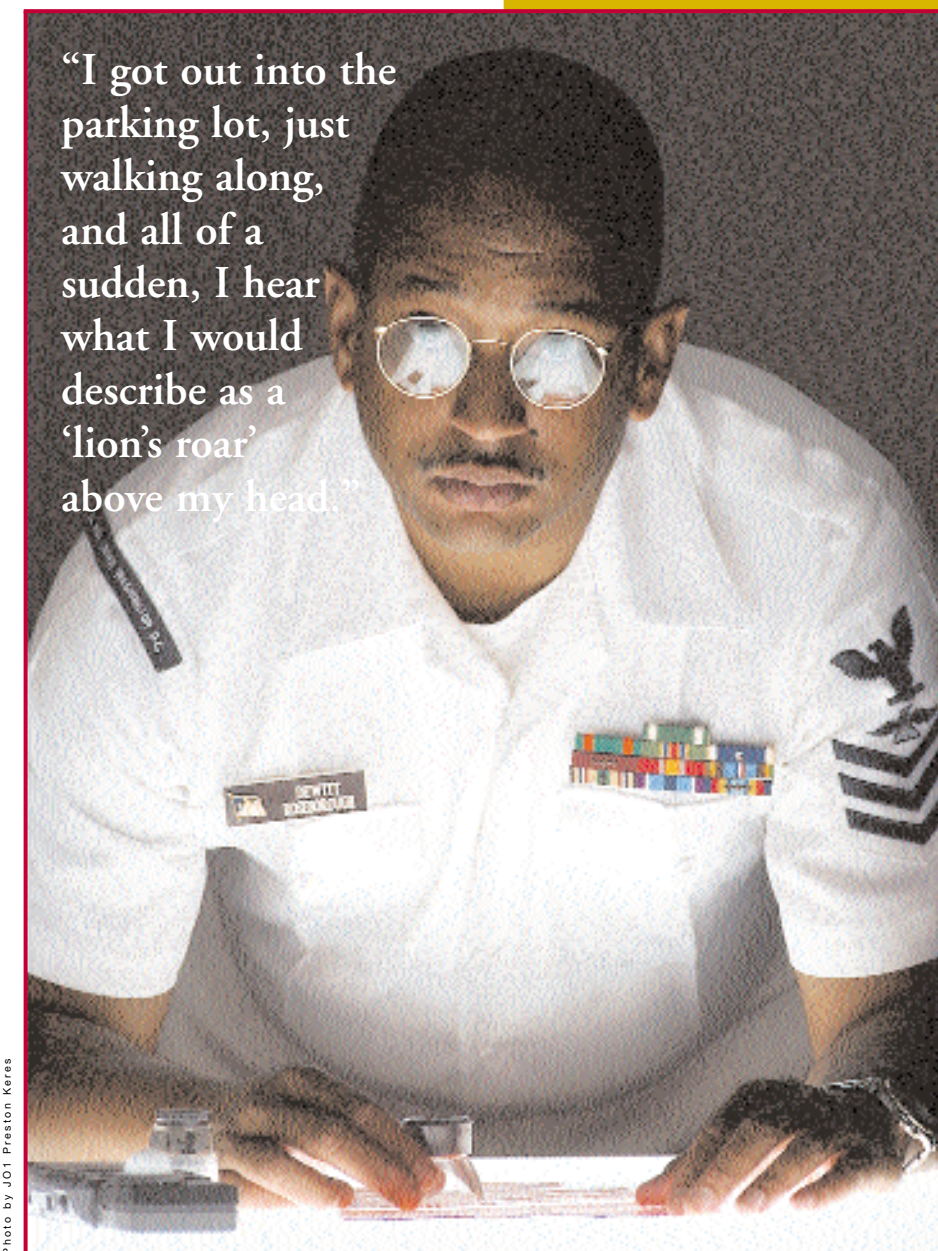
Those who were waiting for the reen-

listment didn’t know anything about it at the time. They were all just sitting there wondering what could be keeping the officer. Before he could make it out of the office, the second plane hit.

“He finally got down there about 9:20 a.m., and told us what happened,” Roseborough said. “Although there were a lot of people in shock, we proceeded with the reenlistment.”

It was as he was leaving the Pentagon that the world Roseborough knew

**Shutter Shock
PH1(AW) Dewitt Roseborough**



“I got out into the parking lot, just walking along, and all of a sudden, I hear what I would describe as a ‘lion’s roar’ above my head.”

FOREVER CHANGED

changed forever. “I got out into the parking lot, just walking along, and all of a sudden, I hear what I would describe as a ‘lion’s roar’ above my head,” Roseborough said.

“It caught my attention, and as I looked up, I heard another roar and I saw this airplane flying low. I thought, ‘Oh, my God, this thing is *really* low.’

“I thought it was going to crash onto the highway,” recalled Roseborough. “Just as I thought that, I saw a fireball come from over the Pentagon. I was just standing there dumbfounded, thinking, ‘What just happened?’”

As debris floated and flew his way, he realized he needed to take cover. “I ducked under a walkway for what seemed to be a long time, but actually was only about a minute,” Roseborough said. “That’s when I noticed this woman screaming out in the parking lot. It broke my ‘shock state.’” He ran to her and helped calm her down.

“After a while, I said to myself, ‘Hey, I’ve got my camera, I’d better go do some shooting.’” He walked to the grassy area where the Navy Annex is and stood on that hill and started shooting photos documenting the immediate aftermath of the terror attack on our nation’s defense headquarters.

“I’ve asked myself several times over, why, as a photographer, I didn’t immediately turn around and start shooting photos when the plane hit? I guess my major concern at the time was with the people that were out there. That’s one thing about being in the Navy for the last 20 years, seeing disasters and death; I’ve been prepared to react in the manner that I did,” he said. “I just started making sure everyone was OK.”

“The next day, I didn’t go to work,” he said. “I was still trying to process everything that had happened. I had just witnessed the worst disaster I’d ever

seen, up close and personal. I was just trying to piece everything together for a while. It was just an unbelievable thing.”

Roseborough summed up his feelings about Sept. 11, by saying that it was just a strange day. “It was like you were watching a movie, but you were the actor; you were in the movie. It was the most incredible thing I’ve ever witnessed” he said. ☞

Taking Care of Family ST1(SS) Edward Hewitt

There were actually some Sailors in the Navy who didn’t hear about the Sept. 11 attack when the rest of the world did. **Sonar Technician 1st Class (SS) Edward Hewitt** and his shipmates were underwater on board **USS Providence (SSN 719)** during a routine deployment from her homeport of Groton, Conn., when the attack took place.

Upon surfacing, the sub received message traffic to let them know what was going on. “Having just come off a watch, I was actually asleep when they told everyone,” Hewitt said. “They came and woke me up. They were really adamant about me getting up, and I couldn’t figure out why.” Once he dressed and reported to his duty station, he was briefed on what happened.

“At first, I was pretty worried about where my family was,” he said. “A lot of people I know take trips [to New York] all the time. One of our shipmates had just been transferred to the Pentagon as well, and I was concerned about him.”

Due to the mission of the sub, it was several days before the crew was able to make contact with family members.

Hewitt said that for a while, it was all

One of the biggest changes for Hewitt and his shipmates since Sept. 11 is the massive increase in security. “The security drills, the watches ... we’re really doing what we’ve always done to protect the boat. The Navy is paying a lot more attention to security.”

they talked about. “There were a couple members of the crew that were really worried about their families, but we all pulled together to try and help them stay positive.”

“Back in port, the command ombudsman called a meeting of all the family members, made sure everyone was safe and accounted for, and sent a message to the ship,” Hewitt said. For

him, knowing they had that kind of support back home really helped.

“One of my junior guys’ mother works near the site in New York,” Hewitt said. “We talked to the COB (Chief of the Boat), and he arranged to try and contact his mother.”

Knowing that America had been attacked, Hewitt said, gave these submariners something to think about.

“It made us a little more patient out there, knowing we were out there for a definite reason. We’d been out there for quite a while, and everyone was getting a little antsy, getting ready to go home.”

He said that after they found out about the attack, their attitude changed and they went into full business mode. “Everybody was more dedicated to their job. They were all ready to do what was needed to defend our country.”

One of the biggest changes for Hewitt and his shipmates since Sept. 11 is the increase in security. “The [increased] security drills, the watches ... but we’re really doing what we’ve always done to protect the boat. The Navy is paying a lot more attention to security.

“This war on terrorism is something we can win, we just have to make sure we never give up.” Although he’s not sure if he wants to stay in for 20 years yet, Hewitt said the attacks have helped push him toward staying Navy. “Actually, defending our country is very patriotic.”

Providence pulled back into port in November, just prior to Thanksgiving. “It was different from our previous cruises, because families weren’t even allowed to meet the boat at the pier.”

But, because of the attacks, there were more families there than were originally going to be there. “A couple of my guys weren’t even expecting their families, because they were never planning on coming down.

“Coming back to the American flags, the bumper stickers and the high level of patriotism gave me a big feeling in my heart,” Hewitt said. “Even while we were out there, we knew the country was supporting us.” ☞

Strawser is a photojournalist assigned to *All Hands*



The Navy Takes MANHATTAN

Sailors return to the open arms of New Yorkers for Fleet Week 2002

Story and photos by PH2 Bob Houlihan

With fireboats spraying plumes of water in welcome, 22 Navy ships and more than 6,000 Sailors and Marines sailed into New York Harbor, May 22, 2002, as Fleet Week began in a city under a fresh warning of terrorism.

As each ship passed the World Trade Center site, the Sailors saluted and observed a moment of silence in honor of the more than 2,800 people killed there.


Every year since 1984, the City of New York has hosted Fleet Week to show its appreciation to the Sailors and

Marines who serve our country, and every year they are welcomed with open arms by New Yorkers.

But this year, the atmosphere was dramatically changed with New York City a different place after Sept. 11th. Never before have Sailors been made to feel so welcome and loved as they were the last week of May in New York City.

With Fleet Week 2002 occurring over Memorial Day weekend, it was a week filled with ceremonies. Silent prayers were whispered, flags unfurled. Wreaths were thrown into the Hudson River at the *Intrepid* Sea Air Space Museum as hundreds of visitors, Sailors and veterans paid tribute to the many service members lost while fighting to maintain this country's freedoms.

A Sailor on the streets of the "Big Apple" could not get more than a few feet without a passer-by coming up to express their thanks, give a hug or just say, "Hello."

"Last year when you came, you must know we loved you," said Deputy Mayor Carol A. Robles-Roman. "This year you are our heroes. You stood between us and those who would do us harm. We owe you our freedom, and we appreciate your sacrifice." 

▲ **During this year's Fleet Week celebration**, the American flag draped over the starboard side of **USS *Leyte Gulf* (CG 55)** as the guided-missile cruiser lead warships up the Hudson River in the Parade of Sail.

◀ **U.S. Navy Sailors** manned the rail at "Ground Zero," as the final steel beam was cut down, marking the end of recovery efforts at the World Trade Center site.

Photo by PH1(AW) Johnny Bivara

The Navy Takes MANHATTAN



Photo by PH1 Michael Pendergrass

◀ **U.S. Coast Guard** cutter *Eagle* passes the amphibious assault ship **USS Iwo Jima (LHD 7)** on the Hudson River as the two ships make their way into Manhattan to kick off Fleet Week 2002.

▶ **In the many shops** surrounding Times Square, there is something for every taste. **MS3 Kietsa Cooper, TM2(SW) Tiara Downey** and **YNSN Charletta Stephens** check out the selection of New York T-shirts.

▼ **With his digital camera** blazing, **SH3 Dominick Washington** from **USS Leyte Gulf (CG 55)** enjoys capturing everything he sees in the "Big Apple."

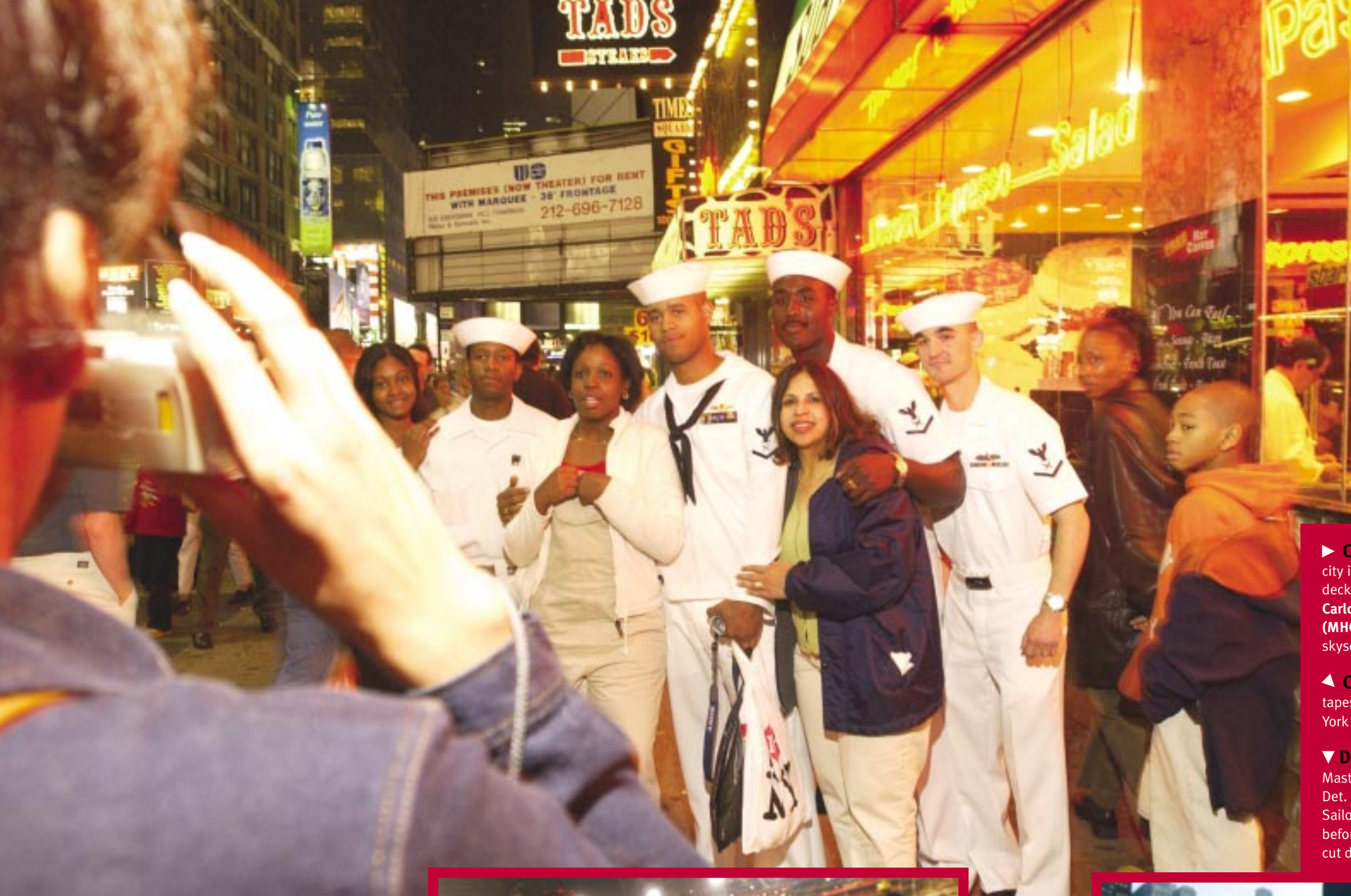


Photo by PH1 Michael Pendergrass

▲ **Cruising past Pier 88,** **USS Ross (DDG 71)** makes its way up the Hudson River toward its mooring site for Fleet Week 2002.

◀ **After looking** for the perfect Fleet Week souvenir, **SN Kelton Pennel** from **USS Peterson (DD 969)** has his likeness sketched by a street artist.





The Navy Takes MANHATTAN



► **One of the best ways** to see the city is from the top of one of the double-decker buses that tour the city. **ENFA Carlos Velos** from **USS Kingfisher (MHC 56)** looks up in awe at the many skyscrapers on Wall Street.

▲ **Cindy Bell**, of Old Bridge, N.J., videotapes the parade of ships pulling into New York City during Fleet Week 2002.

▼ **DCCM(SW) D. Westlye**, Command Master Chief of COMNAVRES Northeast, Det. New York leads a group of U.S. Navy Sailors manning the rail at "Ground Zero" before the final steel beam was cut down.

▲ **During Fleet Week 2002**, it was hard for Sailors to go two blocks without being stopped for a kind word or a photo with tourists or New York City natives. **SH2 Donald Bradley**, **SH3 Dominick Washington**, **CTO3(SW) Desmond Ferrell** and **CTR3(SW) Jeremy Carter** from **USS Leyte Gulf (CG 55)** take time to pose for the camera.

► **OSCS(SW/AW) Tim Easter** of Afloat Training Group, Mayport, Fla., and more than 500 Sailors from 20 US Navy ships turned out to render honors and present flags to workers at "Ground Zero" following the removal of last piece of debris from the site.

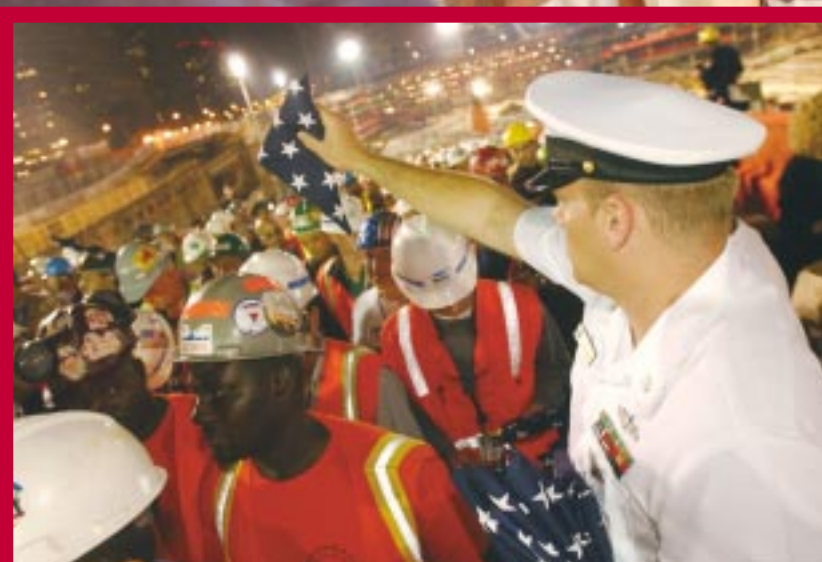


Photo by PHC(AW) Johnny Biviera



Back in the Big Apple Duty & Home

RETURNING TO

THE FOOTPRINTS ON THE WIND-shield of a co-worker's truck were from people crawling to safety. Smoke that poured from between the buildings, amid a shocking silence so foreign to his city, hovered over Aviation Storekeeper 3rd Class Esdras Zayas.

He walked along the Hudson River, seeing *USS George Washington* (CVN 73), protecting a city that had never needed anything from anyone. Through a quiet Times Square, he made eye contact with New Yorkers still stunned, nodding in understanding. "A silent language. We were all going

through this. All of us."

He opened the door to the landmark recruiting station in the square, and re-joined the Navy he'd left 13 years earlier. It was Sept. 14, and Zayas was leaving home so that he could protect it.

"I love New York," Zayas said with animation. "The fact that you can get up in the middle of the night and have some place to go, so many things to do. Movies are being filmed everywhere you go. All the monuments, Central Park, Battery Park, the Statue of Liberty." Zayas looked down at his hands and continued "and the skyline."



◀ **In his sharp white uniform,** Zayas can barely get 10 feet before a friend, acquaintance or even a stranger rushes up to talk, hug or just say hello.

▲ **These days,** to get access to the observation deck high above Ground Zero, people must wait in line for tickets at the South Street Seaport and walk the five solemn blocks. For Zayas it was one of the longest treks of his life.

Back in the Big Apple

► **At a firehouse on Water Street,** Esdras Zayas looked over a small shrine to the many firefighters lost trying to save the people inside the World Trade Center. These photos more than anything else illustrated to him the difference between September 10, and the rest of our lives.

His wounded city is what brought Zayas to *USS Iwo Jima* (LHD 7). At 9 a.m. on Sept. 11, he walked into his United Parcel Service office in Queens and saw a friend on the phone. "I was watching him and saw his hand cover his mouth. He dropped the phone and screamed, 'my brother!'" It was at that moment Zayas' journey back to the Navy began.

He delivered his packages that day, with a troubled mind on Manhattan. "I kept looking toward the city, and I worried. All I could see (from Queens) was a cloud of white smoke. I thought that was good, because white smoke usually means the firefighters are doing their job. Then I saw the towers



◄ **Even after taking a drastic pay cut** to serve his country, Zayas always has a spare dollar or two to help a soul in need.

crumble on TV, live."

"I said to myself, 'That's a lot of dead people.'"

The next few days were a blur to Zayas. He said television didn't capture the true devastation, the way he saw it. "On TV, you didn't see the side view, you couldn't see the smoke rushing through the buildings. What happened there was just disastrous. It was unbelievable."

Zayas grieved for the families whose lives he knew had been shattered, and began to empathize to the point that

he started asking himself if he could do more.

"Something clicked," he said. "I started seeing the jet fighters passing [over], and I was watching the news about the ships coming to New York, and the Navy started coming back to me."

Zayas walked the streets of his city, torn between a life he had built for himself and a growing need to contribute to a cause he already felt deeply about. When he got to Kent Avenue, his mind was made up.



▲ **Restaurants are one of the things**

Zayas misses most. "I used to come here every morning and get this special orange drink. Pure sugar and pure energy. It would get me going for the day."

Zayas went home and literally looked at himself in the mirror and thought, again, of the families. "A lot of family members may find some kind of closure knowing that someone is trying to get a grip on the problem of terrorism," Zayas says now. "I looked at myself that day, and said, 'I'm available. I'll do it for you.'"

He sat down at his desk and composed a letter to his boss, explaining what he was about to do, and hoping his job would be there when he got back. "On behalf of the victims," he wrote, "the families, and even my own children, I would like to

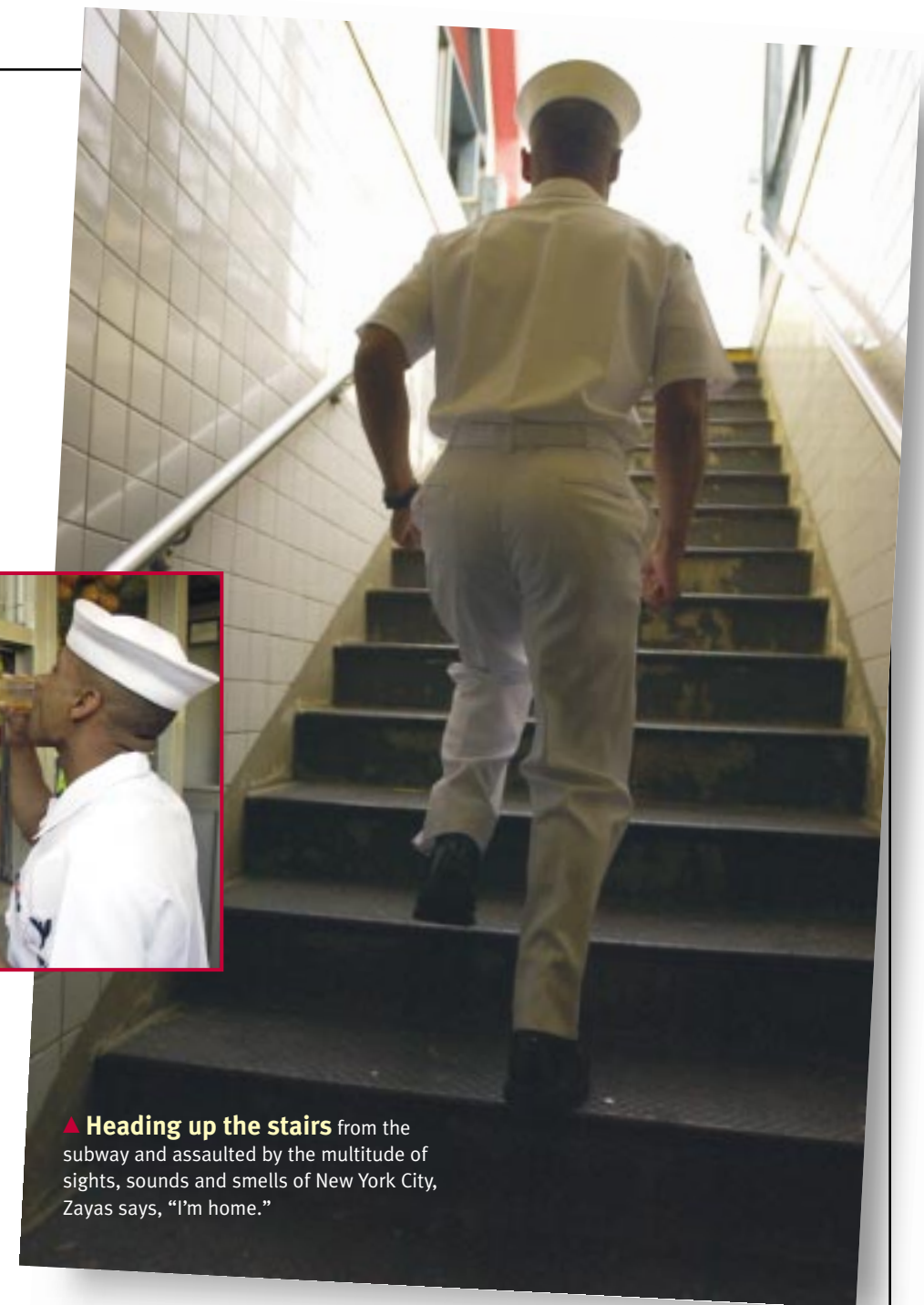
do my part to contribute to the cause."

On Sept. 14, for the second time in his life, Esdras Zayas joined the Navy. He left for Aviation Storekeeper "A" School Oct. 30, and reported aboard *Iwo Jima* soon thereafter. And by a coincidence that is too rich to disregard, he went back to New York May 22.

When *Iwo Jima* pulled into the Hudson Bay as part of Fleet Week 2002,

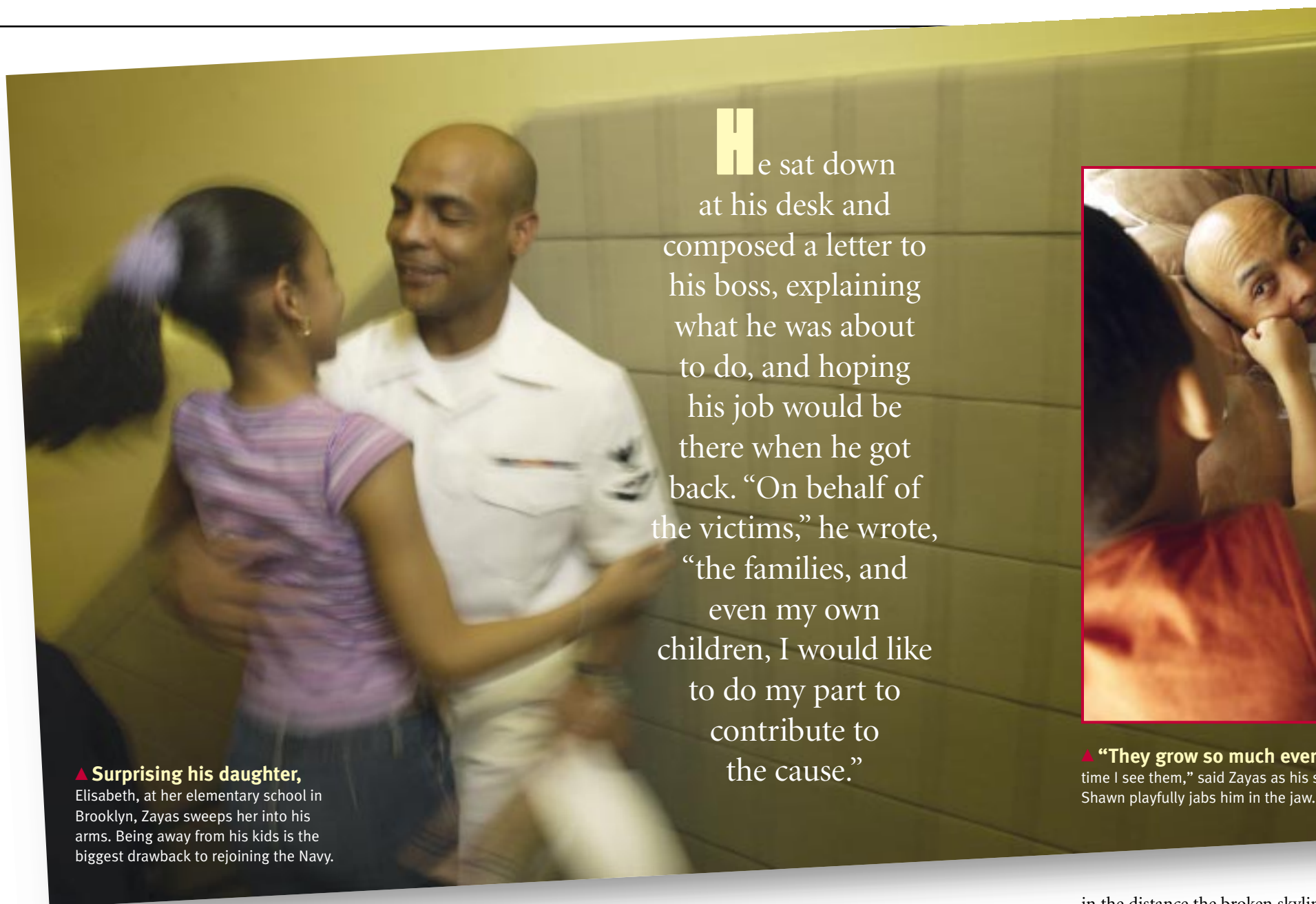
the last ship in a procession of 22, with thousands of his neighbors and fellow New Yorkers watching, he manned the rails. "I'll try not to break down," he said, prior to Fleet Week. "I'll just try not to break down in uniform."

And he wasn't looking back at what he left; a \$70,000 per year job, a two-bedroom apartment in a great neighborhood and a life he appreciated.



▲ **Heading up the stairs** from the subway and assaulted by the multitude of sights, sounds and smells of New York City, Zayas says, "I'm home."

Back in the Big Apple



▲ **Surprising his daughter,** Elisabeth, at her elementary school in Brooklyn, Zayas sweeps her into his arms. Being away from his kids is the biggest drawback to rejoining the Navy.

He sat down at his desk and composed a letter to his boss, explaining what he was about to do, and hoping his job would be there when he got back. “On behalf of the victims,” he wrote, “the families, and even my own children, I would like to do my part to contribute to the cause.”

Nor does he tolerate those who question his decision to leave. “I have a way of seeing things and that’s the way I see them. I imagine there are people going through this tragedy, and I can’t bear the thought of doing nothing.

“This is a privilege for me; to represent so many who can’t do what we are doing. It’s a very heavy burden I’m going to carry to the best of my ability.”

As Fleet Week approached, *Iwo Jima* Sailors became more and more aware

that amongst them was a man who joined their ranks with a true determination to right a significant wrong. Zayas received an e-mail from an *Iwo Jima* chief petty officer.

“I know you don’t know me” the e-mail read. “But, I wanted to say that I am proud to serve with someone of your character and commitment. Keep doing what you do. Don’t let anyone change who you are. I want to thank you, from one New Yorker to another.”

The morning of May 22, Zayas put on the uniform of a U.S. Sailor. Shoes shined, creases sharp, with his mind on Manhattan ... again. He went to his shipboard office, took care of some paperwork, and waited for the 1MC to call him and his shipmates to the flight deck. Around noon, it came. “All Hands ... Man the rails.”

Zayas left his office on the 01 level, went one deck up, 30 frames aft and found the access to a starboard side catwalk. He opened the hatch and saw



▲ **“They grow so much every** time I see them,” said Zayas as his son, Shawn playfully jabs him in the jaw.

in the distance the broken skyline of New York City, an image that has become the symbol of American courage, and to many, revenge. A deep breath, a few steps and he was on the flight deck.

A stone-faced Zayas moved to the starboard side of the ship and stayed there, hands clasped behind his back at parade rest. When the ship passed the site of the World Trade Center attack he rendered a hand salute with everyone else. His hands went back to parade rest as *Iwo Jima* passed the Statue

of Liberty. His back remained straight, his emotions even, as he stared at a city fighting its way back from an attack that crippled it temporarily. Zayas had hoped he’d be able to hold it together as the ship



pulled into New York.

And he had ... until he saw the Staten Island Ferry.

Hundreds of people, his people, New Yorkers, hung over the railings, cheering, clapping and waving American flags. It was too much. All this time, expecting sadness and memories of September to be the culprits that broke his resolve; and it was the happiness on the faces of the people welcoming his ship to his city that did it.

“I’m home,” Zayas recalls thinking. “Looking back on it, I was more affected by the people on the ferry than I was by the site itself. I know New Yorkers, and it’s not that they don’t care about the military, but they just don’t react that way ... usually.”

As Zayas looks back at Fleet Week and his return to New York he recalls a series of images. A woman at Ground Zero who leaned close to Zayas and

▲ **“The food here is incredible,”** said Zayas. “In New York there is always something good to eat wherever you go.”

whispered, “Thank you” as he passed by; a firehouse; and two pictures of firefighters. Walking down the street a day after arriving in New York, he noticed a license plate on a passing car: RMBR 911. These images jumped out at him and reminded Zayas why he was there and why he was wearing the uniform.

Two days after returning to his home, Zayas returned to his church. Six months earlier, they had sent him off with a farewell party. That day, he had spoken to his friends there, his New York family. “I feel this is what I must do,” he told them then. “Everyone has a place to be and a time to be there.”

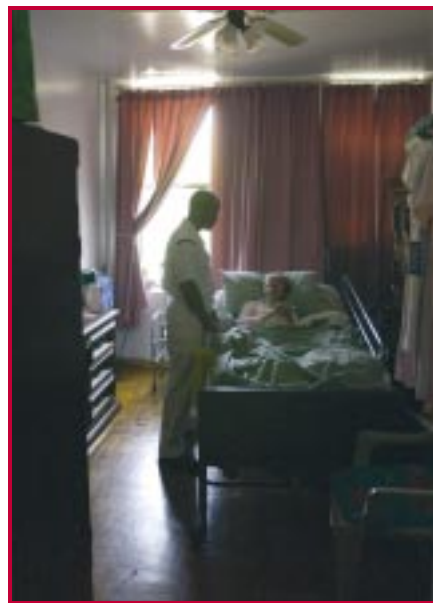
Now they wanted him back, to greet him and thank him. As he approached

Back in the Big Apple



the front of the church and stepped down the aisle, a drummer started playing a solemn tattoo. And a thankful congregation welcomed a Sailor in uniform. The city that never sleeps was wearing its heart on its sleeve and showing its deep appreciation for one of its own.

It's the middle of Fleet Week and Zayas is at the Queens Botanical Gardens with his family. Three elderly gentlemen, World War II veterans it turns out, see him and raise their hands in salute. He returned it and approached them. "I told them what a pleasure it was for me to salute such true heroes. It was great to exchange words with a blessed generation."



▲ **Each person lost** in the World Trade Center on Sept. 11 has a place of honor along the path leading up to the observation deck at Ground Zero.

◀ **In a dark room** next to the apartment he rented for years before entering the Navy for the second time, Zayas talks softly with his landlord's grandmother, Rosa Alicea, who has always treated him like one of the family.

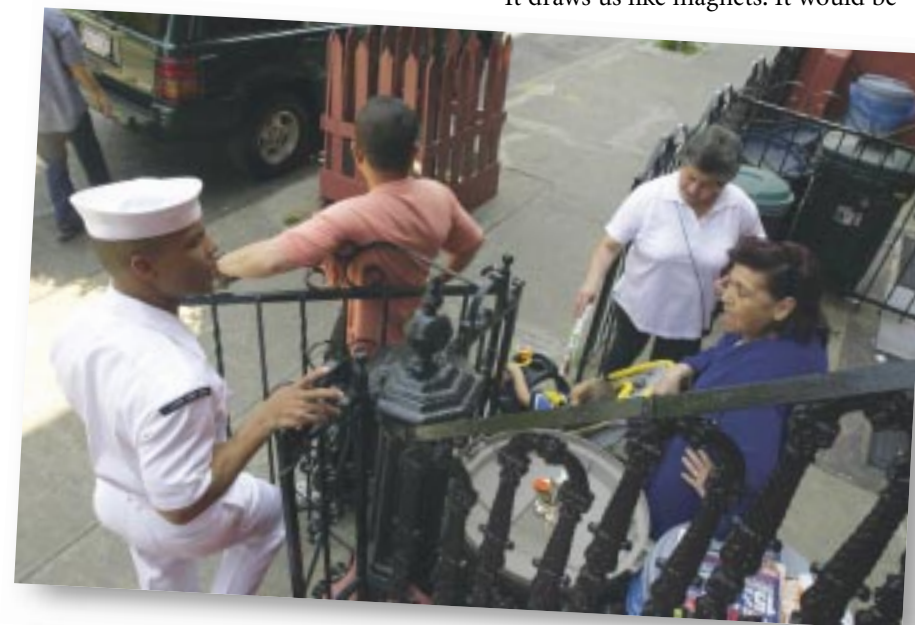
Theirs was the greatest generation. His father's generation. The last group of military members to respond to an attack on American soil, until now.

The weight on his shoulders increased. He looked at these veterans with great admiration and respect. They looked at him as the hero. These

men who may have shed blood in places like Normandy, Tarawa or even Iwo Jima ... they saw in Zayas a protector, or a lightning rod of retribution. "I can't," said Zayas, "let the passed generations' sacrifices, nor this generation's intent to survive, down. I know I must do for them what they have done for so many. I can by answering today's call."

Esdras Zayas has a book about the World Trade Center, and in the back of it he has pasted photographs taken on 9/11 to serve as a reminder. How many of us have said we'll never forget; that the horror of September will stay with us forever? Zayas wants insurance. His photo collection provides it.

But at a firehouse on Water Street in New York, during Fleet Week, he



▲ **The old neighborhood** seems little changed in the months since Zayas has been gone. The same people, members of his extended family, can still be found in the same old haunts for a bit of good conversation or a little local gossip.

realized he doesn't need it.

Two pictures made sure of that.

It's a testament to all the firefighters



▲ **Families and strangers** alike have brought photos and marked inscriptions along the memorial wall near Ground Zero.

who died that day. A wall of photos, gifts and mementos has been erected in front of the firehouse on Water Street. It draws us like magnets. It would be

sitting on a sofa. His face is turned away from the camera, and he's smiling at someone with a look of contentment only a parent truly knows. "That got to me," said Zayas. "A picture of this man in much better times."

A few feet away, Zayas' eyes stop on another image. A firefighter, dirty with grime, soot and smoke, leans over a pile of rubble and gingerly holds a piece of debris. A pebble in the ocean, really. His face, too, is turned away from the camera. The expression on his face, perhaps, is one of such sorrow that it can only be truly understood by those who have lost loved ones so unexpectedly.

He saw then the tragic irony in the two pictures. These two photographs, these two firemen, more than anything else, illustrated to Zayas the difference between September 10, and the rest of our lives.

And why one day he was a New Yorker and the next, a Sailor again, from a city he loves and a country he proudly serves. ✎

JOC Houlihan is the public affairs officer assigned to USS Iwo Jima (LHD 7), and PH2 Houlihan is the photo editor for All Hands ... and yes, they are brothers.

► **These three Sailors** are from a small ship that's big on PT. From the left, **YN3(SW) DeWayne Summage**, **MNSN Glenn Burton**, and **IT1(SW) Hugh Beresford**, are part of the crew of **USS Shrike (MHC 62)**, that PTs together before work.

Naval Exercises



The Navy's Physical Readiness Program is changing October 1, according to NAVADMIN 087/02. While not drastic, the changes involve three areas: age intervals shift from 10-years to 5-years; a new scoring system illustrates obtainable goals; and a new probationary category warns when a member is in danger of not meeting standards.

Naval Exercises

“We had a symposium in June of last year consisting of fleet and force master chiefs and other command representatives. We listened to input from the fleet,” said Kelly Powell of Navy Personnel Command’s Mission Essential branch, who holds a master’s degree in exercise science. “The recommendations that came out of that meeting were forwarded up the chain for consideration.”

Some of the changes were:

- **Shortening of the age interval from 10 years to 5 years.** “If you were 55, you were stuck having to meet the requirements of a 45 year-old, that’s unsat!” Powell said.

- **Overall scoring.** “Before, the lowest score was the overall score. Now we’re back to an average.”

- **Requirements of command fitness leader changed to E-6.** “Some commands have people who are senior enough to be a CFL, but didn’t have the time to do that. But they had good petty officers.”

Why wait until the changes take effect to get ready? After all, it’s up to the individual to make the time to exercise, though some aren’t sure when that time is. Like many commands, the crew of the Ingleside, Texas-based minehunter **USS Shrike (MHC 62)** takes the guesswork out of physical training, or PT. They do it as a command at 0600, every Monday, Wednesday and Friday.

“*Shrike* fit PT into its schedule,” noted LT Elliot Donald, the ship’s executive officer. “And we won the Battle E.”

Though all 45 or so of the crew have to PT together, one crewmember likes to do a little extracurricular activity. After work, **Yeoman 3rd Class (SW) DeWayne Summage** heads off to the gym with his

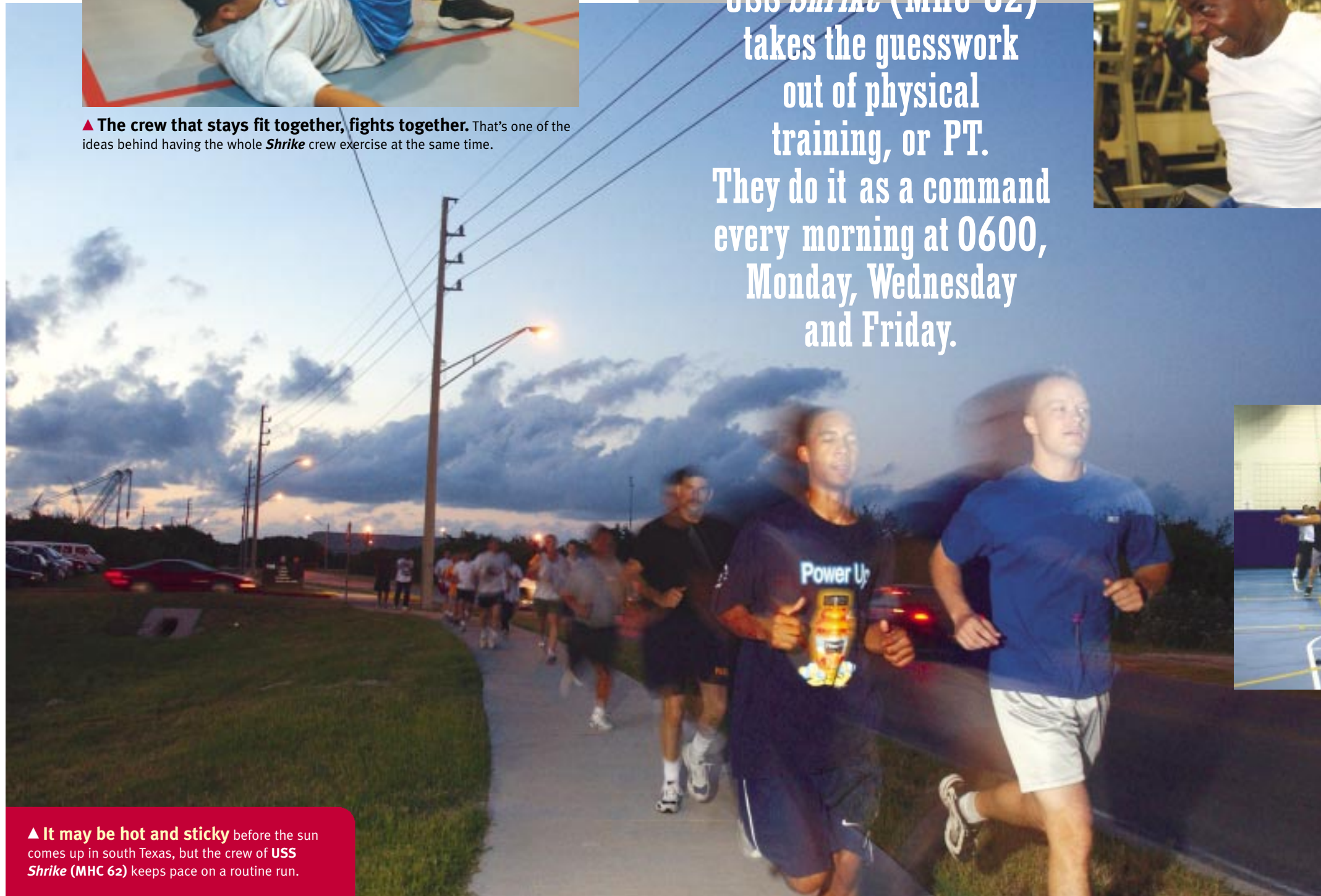


▲ **The crew that stays fit together, fights together.** That’s one of the ideas behind having the whole *Shrike* crew exercise at the same time.

Like many commands, the crew of the Ingleside, Texas-based minehunter **USS Shrike (MHC 62)** takes the guesswork out of physical training, or PT. They do it as a command every morning at 0600, Monday, Wednesday and Friday.



▲ **YN3(SW) DeWayne Summage** grunts out a few more lateral pull-downs during an afternoon workout session. Crewmembers are encouraged to work out in the afternoon, and the ship’s “tropical hours” (0600-1400) make time in the gym more appealing.



▲ **It may be hot and sticky** before the sun comes up in south Texas, but the crew of **USS Shrike (MHC 62)** keeps pace on a routine run.



▲ **It’s still dark outside,** but the crew of **USS Shrike** is busy doing 20 minutes of calisthenics. They do it as a team two times a week, Mondays and Wednesdays, with Friday being a day to exercise on their own.

Naval Exercises

buddy, **Mineman Seaman Glenn Burton**, where they lift for a while.

“We bench-press, we do squats, curls,” said Summage, who said he can “power-lift” 230 lbs.

When doing strength training, it’s important to work all the muscle groups equally,” said James Baker, program director for Navy Fitness. “Men tend to work on the chest muscles because that’s what they see in the mirror. They should also work on the core muscles: abs, back, glutes, and hip flexors for body stability.”

But you have to start out slow. Before beginning any kind of exercise, Powell wants members to make sure they stretch first. “The increased circulation warms the muscles and joints so you don’t get a pull when you exercise,” he said. “People need to stretch each part two times, holding for about 10-30 seconds, and repeat as required. It should be smooth, not bouncing and jerking all over the place.”

Mark Meeker, the assistant program manager for Navy Fitness, who has a bachelor’s in exercise science and is a certified strength and conditioning specialist, recommends that anyone just starting out with a weight-training program consider using the machines in a gym, as opposed to the free weights. “You don’t want to be too technical. A machine offers a simple plane of motion for each exercise rather than the free weights.”

“But the biggest thing you can do is just get them in the weight room any way you can,” Meeker said. “But don’t start too fast. They need to get their ‘core temperature’ up by warming up (and that is done by getting the blood flowing).

▼ **Aboard *Shrike*, space is very limited**, even by Navy standards. One crewmember had an unorthodox solution. **EN2(SW) Hector Garza** exercises with a Russian “kettle-bell.” Although the ship maintains an attitude of fitness, the sight of this Russian exercise tool sometimes draws stares. “I don’t need much space to work out with this,” Garza said.



This can be accomplished on a stationary bike, or even by being on the treadmill for five minutes. It doesn’t have to be anything hard.

“You don’t need to spend hours in the gym to get a good workout,” stressed Meeker. “The body responds better if the workout is about 45 minutes.”

Damage Controlman 2nd Class (SW) Dan Kanmore from *Shrike* responded himself with some extra energy after PTing in the morning with the crew. He was so pepped up after running with the crew that he ran again after work. Then his wife saw what he was doing and decided to try it herself.

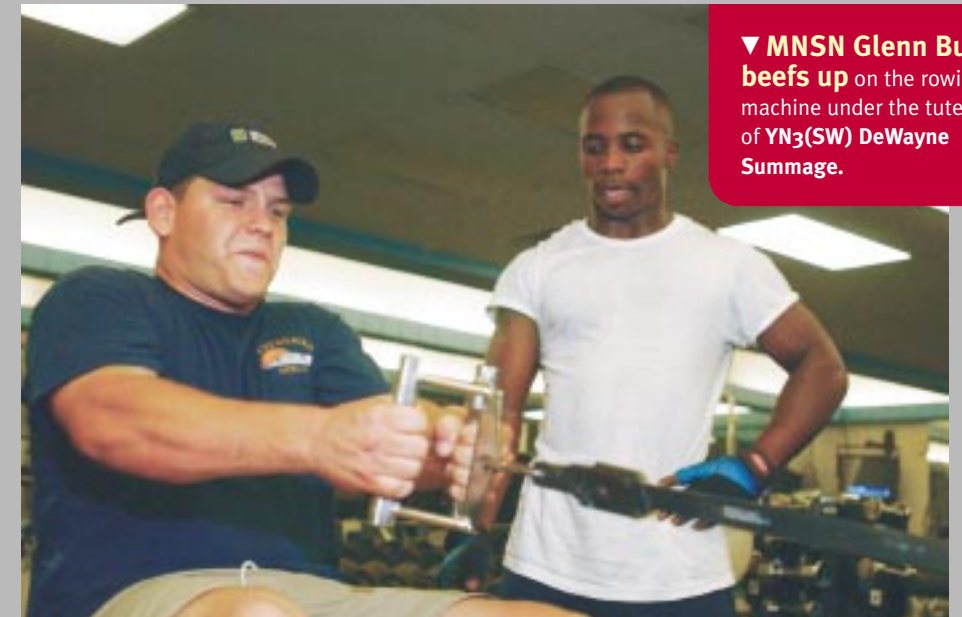
“First a mile, then two miles, now she’s up to five miles. Then I started trying to keep up with her. In the past three months I’ve dropped from 220 pounds to 203 pounds, between all the running, dieting with her and eating the food she cooks.”

Powell recommends members run or do a cardiovascular exercise a minimum of 20 to 30 minutes, three times a week. But the real key is the intensity and the duration (how far). And it helps to find the “best time” for them to run. “It doesn’t matter when, as long as they stick with it.”

Runners should wear light, loose clothing and have the right shoes. “There are all kinds of shoes out there; running, cross-training,” Powell said. “The most important thing to do is look for brand-name shoes. You need to take care of your feet.”

“This is all part of what the CNO established as a ‘culture of fitness,’” finished Powell. “The Navy’s willing to help, but it will be up to the individual Sailor to commit to a healthier lifestyle. This will help members stay fit and healthy not just through their career, but throughout their life.”

Gunder is a former photojournalist for All Hands magazine and is currently assigned to the public affairs office, USS Harry S. Truman (CVN 75)



▼ **MNSN Glenn Burton** **beefs up** on the rowing machine under the tutelage of **YN3(SW) DeWayne Summage**.

Start Your PT Routine

Story by JO1 Joseph Gunder

Thinking about leaving the three-mile-a-year club? Here are some quick tips from the pros in Navy fitness that you can use to keep yourself healthy and fit.

Mark Meeker, the assistant program manager for Navy Fitness, recommends that for a full-body workout, beginners start with some light stretching (no more than 20 to 30 minutes), then exercise the following:

- **major muscle groups, triceps, biceps; 10 to 12 reps, two to three sets.**
- **legs muscles; use the leg press, extension and curl machines, 10 to 12 reps, two to three sets.**
- **calves; 15 to 20 reps, one to two sets, seated or standing, whichever machine is available.**
- **hamstrings (back of top half of leg); 15 to 20 reps, one to two sets.**
- **chest muscles with the chest or incline press; 10 to 12 reps, two to three sets.**
- **back muscles; do pull ups (as many as possible) or lateral pulls down, 10 to 12 reps, one to three sets.**
- **shoulder with the overhead press; 10 to 12 reps, two sets.**
- **bicep and tricep muscles; for this, use the curl machine, 10 to 12 reps, two to three sets.**
- **Finish up with the tricep extension, 10 to 12 reps, one to two sets.**

For proper cardiovascular exercise, Kelly Powell of Navy Personnel Command’s Mission Essential branch recommends a cardiovascular exercise, either running, swimming, or something else, 20 to 30 minutes, three times a week. Runners should wear proper shoes and light clothing.

They both agree that no matter which exercise you do, the first thing you need to do is stretch the muscle you intend to use to avoid getting a pull.

A FATHER'S DUTY TO SON & COUNTRY


Being a father is a hard enough on its own. Having a family member in the military makes that job even harder. There are few who understand the sacrifices Navy parents must make better than Michael Flocco, who lost his son in the September 11 terrorist attack on the Pentagon.

Flocco is one of about 400 construction workers rebuilding the Pentagon.

A metal worker by trade, he puts a piece of his heart into every piece of re-bar or pipe he lays. For him, it is an emotional labor of dedication, knowing that his only child-turned-Sailor, **Aerographer's Mate 2nd Class Matthew Flocco**, died in the same place that he now rebuilds. "My son is out there somewhere. I am not going to forget him," said Flocco.

No parent wants to outlive their son or daughter, but that is always a possibility when that child is a member of the military. Living with such a loss, Flocco takes solace in his son's naval career.

He knows that what Matthew did was right and still supports his son's choice to join the Navy. "We always supported him in everything he decided, and I know he would have been proud of that."

Rebuilding our nation's defense headquarters is something in which Michael Flocco can take pride. Carrying on his son's service to country is a duty this father proudly upholds. 

*Freed is a photographer's mate and Keres is
a photojournalist assigned to All Hands*

Eye on the Fleet

Eye on the Fleet is a monthly photo feature sponsored by the Chief of Information Navy Visual News Service. We are looking for **high impact**, quality photography from **Sailors** in the fleet to showcase the American Sailor in **action**.



◀ **Spit and Polished**
BM3 Andrew Gamble polishes a mast light on the Captain's Gig in the hangar bay aboard **USS George Washington (CVN 73)**.
Photo by PHAN Andrew Morrow



Heave Two ▶
BM3 Francisco Reynoso passes a message from the line handlers on the pier to signal to the Boatswain's Mates on the forecastle to start heaving on line two.
Photo by PHAN Elizabeth Thompson

▼ **Tether Training**
Members of **Explosive Ordnance Disposal Mobile Detachment Eleven** and **Helicopter Anti-Submarine Squadron Four (HS-4)** practice Special Purpose Insertion Extraction System (SPIE) rig during their participation in Helicopter Rope Suspension Training (HRST) aboard the ship.
Photo by PHAN Daniel Johnson



Turret Timewarp ▶
The revolving gun turret from the civil war era "Ironclad" ship **Monitor** is lifted from the ocean floor and placed onto the derrick barge "Wotan." U.S. Navy divers assigned to **Mobile Diving and Salvage Unit (MDSU) 2** provided expert deep-sea salvage crews to assist the National Oceanic and Atmospheric Administration (NOAA) to recover the ship's gun turret.
Photo by PH1 Martin Maddock



◀ **Spin Cycle**
Water and air are forced through the propellers of the **USS Winston Churchill (DDG 81)** to test the ship's system that reduces reverberations made by the screws while underway during its Post Shakedown Availability (PSA) at Bath Iron Works in Bath, Maine.
Photo by IS1 Holly Hogan

To be considered, forward your **high resolution (5" x 7" at 300 dpi)** images with full credit and cutline information, including **full name, rank and duty station**. Name all identifiable people within the photo and include important information about what is happening, where the photo was taken and the date. Commands with digital photo capability can send attached .jpg files to: navynewsphoto@hq.navy.mil

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Eye on History

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For more photos pertaining to naval history, go to www.history.navy.mil.



◀ **1945**
USS Lyman K. Swenson (DD 729) steams through heavy seas in the Western Pacific alongside **USS Brush (DD 745)**.

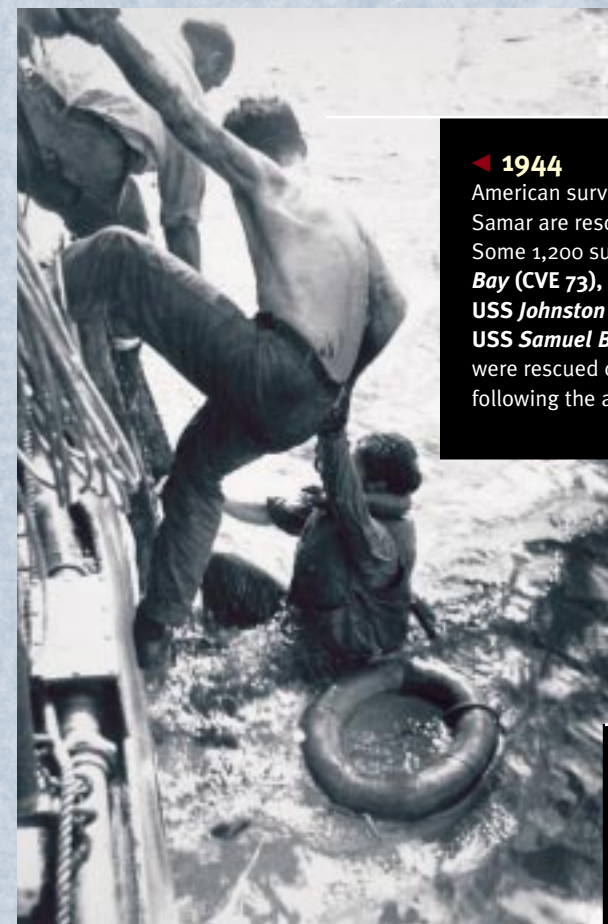


◀ **1938**
USS Ralph Talbot (DD 390) is silhouetted against the New York City skyline.



▶ **1941**
USS Cassin's (DD 372) crew mess.

Photo by Army Pvt. William Roof



◀ **1944**
American survivors of the battle off Samar are rescued by a U.S. ship. Some 1,200 survivors of **USS Gambler Bay (CVE 73)**, **USS Hoe (DD 533)**, **USS Johnston (DD 557)** and **USS Samuel B. Roberts (DE 413)** were rescued during the days following the action.



1965 ▶
Sailors aboard **USS Small (DDR 838)** clear the deck of 5-inch .38-caliber shell casings. **Small** fired more than 25,000 rounds of ammunition in support of U.S. and Republic of Vietnam forces.

U.S. Navy Photos Courtesy of the Naval Historical Center

Victory Over Terror

Story by JOCS(AW) Dave Desilets

A year after 9/11, we are in the midst of a war against terrorism; a very long battle. We knew it would be that way when it started on 9/12. With so many fronts and so many terror elements to pursue, how can we even begin to say we are victorious over terror when the good fight is still being fought?

If we look and listen, the signs of victory are all around us.

For one, the city that doesn't sleep has awoken even more, recovering in the face of tragedy with a determination and moxie that only New Yorkers can muster. Not only is the World Trade Center site cleared of rubble, the discussion of rebuilding and memorializing is well underway.

At our nation's defense headquarters, the physical scars of terror have been removed with much of the damage rebuilt, and the Pentagon is once again properly representing its namesake – a building with five complete sides.

A field in Pennsylvania has resumed its nature's bounty, clean of aircraft debris, and now, like plots of land in lower Manhattan and Arlington, Va., it has been declared solemn ground.

The destruction from the attacks on America may be physically disappearing, but new signs of the lingering terror threat are in their place. Cement road barriers have been placed around government buildings. There are longer lines at airport security gates; more guards, more police, more public vigilance ... prudent deterrence for homeland defense sake necessitated by a very real enemy. Have these barriers and inconveniences stopped our country's people from going about the business of living in a free and democratic society? More so, has the real aim of terror – to induce fear, been successful in ceasing our independent way of life?

We are moving forward still – very much so.

Unity stands ever strengthened against this looming impetus. Yes, individually and as a nation, we are still mourning the loss of loved ones, co-workers, good friends and fellow citizens.

For many, the terror that fell upon our soil on Sept. 11 is still falling upon them – an attack that pierces their hearts daily. It is in this regard that we must never let time fade our remembrance of the victims of terror. We may heal, but we must never forget. Their loss can serve us over and over as motivation to prevail over the true sword of terror that has crept slowly into our civilized world.

While not yet free of terrorism, we are firmly in freedom's embrace. The terrorists did not succeed in taking the very element of our society they hate most. One could say, for this reason, they failed and we are victorious in that moment freely lived and the many moments to come.

It is fear that the terrorists ultimately seek to implant to stop those moments from ever occurring. It may briefly halt our steps and cause us to proceed with caution, but we will still boldly go forth. For here, too, they have failed, as almost immediately after 9/11, we were a nation on the move, exercising our freedoms. We are in flight, and we are still a country gathering and celebrating in large groups; a people who do not let fear win over their lives. A year later, the signs of terror's failure are very much all around us.

As President Bush declared so defiantly as he stood at ground zero in New York City amid chants of "USA," "I can hear you ... I can hear you, the rest of the world hears you, and the people who knocked these buildings down will hear all of us soon."

We have not become silent. We are not going quietly. On the contrary, hear our freedom ringing loud and clear. Listen to our victory over terror. ☐


Desilets is managing editor of All Hands



NEVER FORGET



★ SEPTEMBER 11, 2001 ★

A man in a white naval uniform is sitting on a red upholstered chair on a green lawn. He is looking directly at the camera. He has a name tag that says "LHULLIER" and a rank insignia of a Chief Petty Officer (three chevrons and a star). He is wearing a black watch on his left wrist. In the background, there is a large, light-colored building with several windows and some trees.

IS1 Jason Lhuillier
Intelligence Analyst for
Chief of Naval Operations,
Pentagon
7.5 Years of Service

"The events of
Sept. 11, reinforced the
importance of our mission.
It makes me proud
to serve our forward
deployed troops."

"I'm Staying!"

www.staynavy.navy.mil